

The Evidence-Based Practice and Innovation Center: Web-Based Events

February 2021		
Navigating Challenges Related to the Transition of Services	Wednesday, February 17 9:00 am to 11:00 am Register <u>here</u>	This workshop will explore ways to navigate the current and unique challenges of implementing and sustaining evidence-based practices within the community. This workshop will discuss clinical considerations when providing treatment during a pandemic, including telehealth practices. Participants will be encouraged to provide real-life challenges for discussion.
		BHTEN is a co-sponsor for this workshop. Click the registration link for more information on CEUs.
Seeking Health Equity	Wednesday, February 24	The CBH & DBHIDS Disparity Lecture Series is excited to host a conversation with
and Challenging	1:00 pm to 2:15 pm	Dr. Margarita Alegria focused on work that has been done to address health
Hopelessness	Register <u>here</u>	disparities and tackling the obstacle of hopelessness in the ability to create equity.
		Dr. Alegria is the Chief of the Disparities Research Unit at the Massachusetts General Hospital and a Professor in the Departments of Medicine and Psychiatry at Harvard Medical School.
Helping the Helper	Thursday, February 28	Dr. Paul Grant and Dr. Ellen Inverso from the Beck Institute will lead a Helping the
	12:00 pm to 12:45 pm	Helper session. These sessions are designed to support mental health workers
	Register <u>here</u>	and clinicians as we continue to adjust to changes brought about by COVID-19 and these tumultuous times.
March 2021		
Early Language	Tuesday, March 9	The CBH & DBHIDS Disparity Lecture Series is excited to host Dr. Flávio Cunha. Dr.
Environment in	2:00 pm to 3:15 pm	Cunha will discuss the ongoing work in the Philadelphia Human Development
Philadelphia: Diagnosis	Register <u>here</u>	project that follows over 800 women from pregnancy until their child is
and Intervention		approximately 2 years old. The study findings are helping to determine whether
		education or intergenerational family services might help mothers obtain information beneficial for their child's development.
Working with Families	Wednesday, March 10,	EPIC is excited to offer a 16 hour training series on Ecosystemic Structural Family
101	March 17, March 24, and	Therapy (ESFT). Dr. Steve Simms from the Philadelphia Child and Family Therapy
	April 7	Training Center will lead this workshop that will focus on increasing understanding
	8:30 am to 12:30 pm	of the use of families in therapy. This workshop will help professionals create a



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	Register <u>here</u>	focus and maintain an intentional therapeutic posture by developing a checklist to navigate worrisome clinical dilemmas. Professionals must see how the family works, must understand how they must work, and must respond in ways that inspire family members to enact new ways of relating. BHTEN is a co-sponsor for this workshop. Click the registration link for more information on CEUs.
Evidence-Based Mental Health Practices: Why and How They Matter	Friday, March 12 12:00 pm to 2:00 pm Register <u>here</u>	The "EBP 101" workshop will provide practical information regarding the rationale behind promoting evidence-based practices (EBPs) in mental healthcare, including why so many systems are investing in EBP promotion. We will review what evidence-based practices are and what they are not, as well as how to use them with diverse clients. BHTEN is a co-sponsor for this workshop. Click the registration link for more
		information on CEUs.
Partnering with Community Health Workers to Increase Caregiver Engagement in Parent-Child Interaction Therapy	Tuesday, March 16 1:00 pm to 2:00 pm Register <u>here</u>	EPIC and PACTS are excited to host Dr. Miya Barnett, Erika Luis Sanchez, and Mariana Harms from UC-Santa Barbara. The team will discuss their work in partnering with community health workers named "promotoras" to supporting the delivery of PCIT. The team will highlight the benefits and challenges of this work.
Helping the Helper	Thursday, March 18 12:00 pm to 12:45 pm Register <u>here</u>	Dr. Paul Grant and Dr. Ellen Inverso from the Beck Institute will lead a Helping the Helper session. These sessions are designed to support mental health workers and clinicians as we continue to adjust to changes brought about by COVID-19 and these tumultuous times.
Screening for Child Trauma Using the Child Trauma Screen	Tuesday, March 23 12:00 pm to 1:00 pm Register <u>here</u>	Many children suffer from trauma in silence and alone. Screening is a way to identify children that are experiencing high levels of distress and may need additional support to overcome trauma exposure. Screening is also important to facilitate discussions with youth and caregivers about trauma, to provide factual information about traumatic stress, and to offer a range of resources to families, including evidence-based treatment when indicated. Members from the Child Health Development Institute of Connecticut will provide an overview on using the Child Trauma Screen. A copy of the measure may be accessed



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