

Join us for a Health Chat!

- ➔ **What is vaping?**
- ➔ **Why are e-cigarettes harmful?**
- ➔ **Where can you get help quitting?**



What to Expect:



- Learn how vaping and e-cigarettes affect your health.
- Get your questions answered by experts, in-person or virtually.

Guest Speakers:

Ryan Coffman, MPH, CHES, CTTS-M
Tobacco Policy and Control Program Manager
Philadelphia Department of Public Health

Dr. Brian Jenssen, MD, MSHP
Researcher and Primary Care Pediatrician
Division of General Pediatrics at
Children's Hospital of Philadelphia

To Register or Join Virtually:
HPPlans.com/HealthChat
(Registration is encouraged but not required.)

SCAN
HERE



DATE:

**Thursday,
March 14, 2024**

TIME:

4 to 5 p.m.

LOCATION:



Brandywine YMCA
295 Hurley Road
Coatesville, PA 19320

OR

Join us virtually over Zoom!