

Clinical Guidelines and Related Provider Requirements: Tobacco Use Disorder (TUD)

CBH has adopted clinical practice guidelines (CPGs) to outline best practices for the treatment of specific disorders or certain populations. These guidelines will be used by CBH to assess the quality of care provided to CBH members. As such, providers are advised to review and, where appropriate, implement these best practices in their care. CPGs apply to all clinical settings where care is delivered to members. CPGs should be used in conjunction with any level-of-care-specific performance standards, as well as all other required CBH, NIAC, state, and federal regulations and standards.

CBH has updated the existing guidelines for the treatment of adolescents and adults with TUD. The most recent versions of all CPGs can now be found on the [Clinical Practice Guidelines webpage](#).

To ensure alignment and best practices, CBH recommends that providers review the CPGs and make any necessary updates or revisions to provider policies and procedures.

Significant changes to the TUD CPGs include:

- ➔ Removal of the Fagerström Test for Nicotine Dependence and the Heaviness of Smoking Index as screening and assessment instruments as CBH no longer refers to it in trainings or performance standards. Other sample screening instruments for adolescents and adults are identified elsewhere in the document.
- ➔ Addition of reference to performance standards regarding the therapeutic environment
- ➔ Other minor edits to add clarity and updates to language and references

Adherence to the CPGs will be assessed through CBH monitoring and oversight, including quality, clinical, and compliance department protocols. Additionally, components may be reviewed as part of the Network Improvement and Accountability Collaborative (NIAC) initial and recredentialing reviews. To assess quality of care and align with state and regulatory requirements, CBH will also be utilizing several specific metrics for the CPG, which are detailed in the table below.

<i>Clinical Guidelines</i>	<i>Quality Metrics</i>
<p><u>Clinical Practice Guidelines for the Treatment of Tobacco Use Disorder</u></p>	<ul style="list-style-type: none"> ➔ Percentage of CBH members screening for tobacco use over the age of 13 in the last 12 months ➔ Percentage of tobacco users who were provided TUD counseling ➔ Percentage of tobacco users who were provided pharmacotherapy (NRT or medication)

These requirements take effect on December 1, 2023. Please direct questions regarding *Clinical Guidelines for the Treatment of Tobacco Use Disorder* to stephanie.byers@phila.gov.