The Children's Complex Care team at Community Behavioral Health (CBH) provides Clinical Care Management to children and youth with complex needs due to other system involvement, trauma history, and crisis behavior.

Our teams and system partners work with the child and their family to ensure their voice and choice are heard and respected.

Based on the level of need, CBH Children's Complex Care will use one of two evidenceinformed models:

- **FOCUS** will be used with members identified as having intermediate Care Management needs.
- High-Fidelity Wraparound will be used with members who are identified as having Intensive Care Management needs

Community Behavioral Health A DIVISION OF DBHIDS | CBHPHILLY.ORG

Community Behavioral Health is a nonprofit 501(c)(3) corporation contracted by the City of Philadelphia's Department of Behavioral Health and Intellectual disAbility Services to manage the delivery of behavioral health services for Medicaid recipients of Philadelphia County.

If you are enrolled in Medicaid, you are likely a Member of CBH.

Our network of nearly 200 providers is here to help you and your loved ones heal. To learn more and to find out how to get help, please visit **CBHPhilly.org**

Who do we serve?

CBH members ages 5-21 who have experienced at least one behavioral health crisis requiring intervention within the past year.

To be served by Children's Complex Care, the member must also be diagnosed with ASD (Autism Spectrum Disorder), ADHD (Attention-Deficit Hyperactivity Disorder), PTSD (Post-Traumatic Stress Disorder), any depressive disorder, or any bipolar disorder.



Scan to Visit **cbhphilly.org**



Member Services 888-545-2600

Need Help Now?

If you, or another person, are in crisis and need emergency help, call **988** or dial **(215) 685-6440**



Children's Complex Care



For Intermediate Care

FOCUS

FOCUS is a Care Management process that works with a child and their family to help them reach their goals together.

How does it work?

A FOCUS Care Manager connects with a family's professional and natural supports to make sure the family has the help they need.

The FOCUS Care Manager will meet with the child and their family monthly to create a Plan of Care that uses the family's strengths.

FOCUS ends when the family feels confident in reaching their goals and accessing services on their own.



How can I learn more?

If you are a provider interested in Children's Complex Care, please contact your CBH Clinical Care Manager.

If you are a CBH Member and would like more information, contact CBH Member Services:



For additional questions, please contact Amy Swett, Clinical Coordinator for Children's Complex Care

> amy.swett@phila.gov 267-602-2491



For Intensive Care

High-Fidelity Wraparound

High-Fidelity Wraparound (HFW) is a team-based planning process. Goals are developed using the family's strengths and respect for their culture.

How does it work?

The HFW Workforce builds a team that includes family, natural supports, and community members.

During monthly HFW meetings, the entire team's voices are considered to build an **Action Plan** to help the family reach their goals.

The HFW process continues until the family has made progress toward their goals, is leading their own meetings, and feels comfortable asking for help when needed.

