

Clinical Guidelines and Related Provider Requirements

Community Behavioral Health (CBH) has adopted Clinical Practice Guidelines (CPGs) to outline best practices for the treatment of specific disorders or certain populations. These guidelines will be used by CBH to assess the quality of care provided to CBH members. As such, providers are advised to review and, where appropriate, implement these best practices in their care. CPGs apply to all clinical settings where care is delivered to members. CPGs should be used in conjunction with any level-of-care-specific performance standards, as well as all other required CBH, NIAC, state, and federal regulations and standards.

CBH has updated the existing guidelines for the treatment of opioid use disorder and for prescribing and monitoring of benzodiazepines and related medications. The most recent version of all CPGs can be found on the [Clinical Practice Guidelines page](#) of the CBH website.

To ensure alignment and best practices, CBH recommends that providers review the CPGs and make any necessary updates or revisions to provider policies and procedures.

Adherence to the CPGs will be assessed through CBH monitoring and oversight, including Quality, Clinical, and Compliance Department protocols. Additionally, components may be reviewed as part of the Network Improvement and Accountability Collaborative (NIAC) initial and recertification reviews. To assess quality of care and align with state and regulatory requirements, CBH will also be utilizing several specific metrics for the CPG, which are detailed in the table below.

<i>Clinical Guidelines</i>	<i>Quality Metrics</i>
<u>Clinical Practice Guidelines for the Treatment of Opioid Use Disorder</u>	<ul style="list-style-type: none"> ➤ Naloxone Prescription: Percentage of members with OUD who have at least one pharmacy claim for naloxone in the last year ➤ MAT-OD: Percentage of members with OUD who receive both MAT and counseling ➤ HEDIS FUI: Follow Up After High Intensity Care for Substance Use Disorder
<u>Clinical Practice Guidelines for the Prescribing and Monitoring of Benzodiazepines and Related Medications</u>	<ul style="list-style-type: none"> ➤ Average rate of benzodiazepine prescribing ➤ Rate of Benzodiazepine prescribing to members also receiving opioid prescriptions ➤ Rate of benzodiazepine prescribing to members receiving methadone ➤ Rate of benzodiazepine prescribing to members receiving buprenorphine ➤ Rate of Benzodiazepine prescribing to members with substance use disorder

These requirements take effect on August 17, 2023. Please direct questions regarding Clinical Practice Guidelines to stephanie.byers@phila.gov.