

**Community Behavioral Health
Meeting Minutes: Board of Directors**

Meeting Date: Thursday, November 10, 2022	Time: 3:08pm	Location: Zoom Meeting
Board Members Present: Dr. Jill Bowen/President; Dr. Jean Wright/ Vice President; Dr. Tierra Pritchett/Secretary and Treasurer; Eva Gladstein/Member; Kimberly Ali/Member, Keisha Hudson/Member; Other Attendees: Dr. Faith Dyson-Washington/CBH Chief Executive Officer; Robert Bickford/CBH Chief Financial Officer; Shawna Dandridge/CBH Chief of Staff; Josh Roper/MDO Policy Director; Jeff Brown/CBH Chief Growth Officer ; Andy Devose/CBH Chief Program Officer		
Meeting Purpose: Community Behavioral Health (CBH) Board of Directors		
Materials included in Board Packet: Meeting Agenda; August 8 th , Meeting Minutes		
Agenda Item	Discussion	Action Taken/Follow up
Call to Order	The meeting was called to order, and introductions were made.	<i>The meeting was called to order at 3:08 pm by Dr. Jill Bowen.</i>
Minutes of Meeting August 8, 2022	The meeting minutes from August 8, 2022, were reviewed. A misspelling of Eva Gladstein’s last name and a typo were noted and revised.	<i>The meeting minutes were approved, with minor revisions made during the review.</i>
Order of Business	Dr. Bowen brought up an order of business while reviewing the meeting minutes. There is a vacancy on the board left by the departure of Andrea Brooks which was previously held. The motion is since Amanda David is the interim director of the Behavioral Health division, to invite her to be an interim board member until the final permanent replacement is determined. Conflict of Interest forms were discussed, confirming receipt of emails sent out to board members.	<i>The vote was taken by a call of unanimous “aye” to make an invitation for Amanda to be an interim board member.</i>
CEO Updates and 2022 Accomplishments	Discussion of 2022 accomplishments. Highlights include - launched new contract management system, pivoted COVID regulations to support telehealth long term, earned the NCQA Multicultural Healthcare Distinction, recovered \$1 million in overpayments, promoted IBHS services with principles, school counselors and providers. Also highlighted further accomplishments including Onboarded Health Share Exchange and Health Catalyst, received NIMH and US HHS grants, hosted a successful summer gathering, completed Triennial audit on CBH data and claims systems, and supported providers through transition from COVID-APA. Other accomplishments include launching a new and improved website, implementing software, technologies and platforms, launched CBH’s Strategic Plan, and hired key positions: CGO, General Counsel, CHRDO. 2023 priorities are continued progress on the strategic plan that includes prioritize communications, modernize current technology, streamline key business processes, and identify promising growth opportunities.	<i>No board action required</i>

<p>Payer and Market Overview</p>	<p>Jeff Brown presents the payer and market overview. This included an overview of US payer market and the current market condition explaining that healthcare is both local and national and that regional health plans want to be local. Government programs are growing, and health plans have become very strategic lines of business where they used to be more commercial. Spoke about the rise of the “Payvider”, and how the evolution of value-based care encourages the move to a “payvider” concept. Then along the theme of CBH strategic initiatives, he spoke about how technology allows us to create a better experience for our members and providers and letting people do more good work by leveraging technology as a tool.</p>	<p><i>No board action required</i></p>
<p>2023 Budget and 3rd Quarter Financials</p>	<p>Robert Bickford presents the third quarter financial data. Reviewed the September 2022 quarterly income statement that compares the 2021 and 2022 numbers in terms of revenue expenses and our net income, the numbers are a bit higher compared to last year as there was a growth of our membership, and we did get a rate increase in our capitation last year, so our revenue is up and our medical expenses are up slightly. Net income was 49 million at this point in 2021 and about 69 million at this point in 2022. We continue to build our risk and contingency funds. The 990 form was submitted to the IRS. Reviewed the administrative spend it is under budget, and we have been trending under budget since covid. Discussed payments to providers, during 2022, we have been titrating providers for most services back to fee-for-service through a bridge payment. Board members asked if providers could not bill above 25%, did we give them no bridge payment? Answered that was correct. A board member asked do we provide assistance and communicate with providers to help them mitigate this. Answered that we did work with providers and contacted any provider at 50% or less to work with them to determine why they were not hitting that mark. It was asked to explain further about working with providers while on the APA or the bridge payments. They replied that they had been working on the calculations six months before with the bridge payment in place to ensure that providers were billing. A question was asked regarding the long-term forecast for bridge payments. The answer is that bridge payments are being phased out. Discussion of the administrative budget for 2023. Comparison of 2022 to the 2023 budget, there was a significant increase in the budget for this year. Discussion of administrative budget variance. This includes infrastructure, supplies, and communications as the state has required some additional member mailings having to do with the emergency order, we also have had some additional recruiting and hiring additional positions. Discussion of compensation and the significant increase. The increase is due to an additional 77 positions in our budget for this year due to additional members based on volume. The administrative percentage for this year would be about 11.6%, significantly above last year. There are a couple of one-time drivers of that increase. We would expect that to be closer to 10% next year. The increase is putting us closer to an industry standard in terms of our percentage of premiums, where we've been running significantly under. It was suggested that we have a quarterly update on the projected budget to date and where we are against that projected budget. Dr. Bowen stated that with all those questions answered and caveats to put to the board, to vote on the administrative</p>	<p><i>Vote was taken on the administrative budget. Vote was unanimous.</i></p>

	budget for 2023. Vote was unanimous. Robert discusses the 2023 OMHSAS Capitation Rate Summary, which included that the capitation rate was a 2.99% reduction in revenue or a reduction of approximately \$38.7 Million for 2023. We will continue to monitor how this impacts our financial performance throughout 2023.	
Questions & Comments	Workforce presentation will be moved to the next meeting due to time constraints.	<i>No board action required</i>
Adjournment	<i>Meeting adjourned at 4:35 pm</i>	<i>No board action required</i>

Respectfully Submitted by,



Tierra Pritchett, Secretary/Treasurer