Mental Health Outpatient Rate Increase

The purpose of this Bulletin is to inform in-network providers that CBH is implementing a 10% rate increase, effective January 1, 2023, for the mental health outpatient levels of care that are listed below. CBH will be issuing updated contracts (Schedule As) to reflect the rate increase for eligible providers. This is a retrospective rate increase, so CBH will reprocess the claims to reflect the billed unit amounts from January 1, 2023.

Mental Health Outpatient Levels of Care

(300.001) Evaluation Md

(300.003) Assessment

(300.005) Medication Management

(300.007) Psychological Testing

(300.008) Indiv. Therapy w/ Psychiatrist

(300.009) Indiv. Therapy Non-Psychiatrist

(300.010) Family/Couples Psychiatrist

(300.011) Family/Couple, Non-Psychiatrist

(300.012) Collateral Family Psychiatrist

(300.013) Group Therapy

(300.018) Non-Acute ECT

(300.024) Collateral Family, Non-Psychiatrist

(300.026) Clozaril Monitor & Eval

(300.027) Clozapine Supp Svcs

(300.040) O/P Therapy for Deaf W/Master Level

(300.049) Therapeutic Floor Time

(300.050) Biopsychosocial Eval Md

(300.051) Biopsychosocial Eval Non-Md

(300.053) Court Evaluation Non-Md

Mental Health Outpatient Rate Increase

(300.054) Re-Evaluation Md

(300.055) Medication Admin and Eval (Non -Psychiatrist)

(300.057) Re-Evaluation Non-Md

(300.064) Medication Management

(300.066) Indiv. Therapy Non-Psychiatrist

(300.068) Family/Couple Non-Psychiatrist

(300.071) Collateral Family Non-Psychiatrist

(300.073) Individual Therapy W/Med Mgmt. Psychiatrist

(300.091) Collateral Group Therapy

(300.096) Mobile Mental Health Treatment

(300.099) Specialized MMHT Family Therapy

(300.100) Specialized Outpatient Family Therapy

(300.101) Specialized Outpatient Individual Therapy

(300.102) Specialized Group Therapy

(300.103) Specialized MMHT Individual Therapy

(300.104) Specialized Medication Management

(300.123) Medication Management-CRNP

(300.130) Ip Follow-Up Consultation, Low

(300.131) Ip Follow-Up Consultation, Moderate

(300.132) Ip Follow-Up Consultation, High

(300.133) Nursing Home Consultation-Initial

(300.134) Nursing Home Consultation-Follow-Up

(300.137) Initial Inpatient Consult, Minor

(300.138) Initial Inpatient Consult, Problem Low

Mental Health Outpatient Rate Increase

(300.139) Initial Inpatient Consult, Moderate

(300.140) Initial Inpatient Consult, Moderate to High

(300.141) Initial Inpatient Consult, Moderate to High-Long

(300.142) Individual Therapy- Non - Psychiatrist-Moderate

(300.143) Individual Therapy - Non - Psychiatric-Complex

(300.152) CRNP Evaluation

(300.155) Individual Therapy Non-Psych 60 Min.

(300.156) Individual Therapy - CFTSI

(300.157) Individual Therapy - TF-CBT

(300.158) Family Therapy - CFTSI

(300.159) Family Therapy - TF-CBT

(300.161) MMH Medication Management

(300.162) Indiv. Therapy W/Psychiatrist- Moderate

(300.163) India. Therapy W/Psychiatrist Complex

(300.164) Outpatient Psychiatric-Individual Therapy Non-Psychiatrist

(300.165) Outpatient Psychiatric- Assessment Non-Psychiatric

(300.167) Common Ground-Medication Train and Support

(300.169) Autism Extended Assessment

(300.170) Initial Autism Assessment

(300.174) ER Visit for Eval & Mgmt of PT, Problem Self Ltd or Minor

(300.175) ER Visit for Eval & Mgmt of PT, Problem Low to Moderate

(300.176) ER Visit for Eval & Mgmt of PT, Problem Moderate

(300.177) ER Visit for Eval & Mgmt of PT, Problem High/Urgent

(300.178) ER Visit for Eval & Mgmt of PT, Problem High/Threat To Life

C-B-H PROVIDER BULLETIN 23-12

May 04, 2023

Mental Health Outpatient Rate Increase

(300.182) Family Therapy - PCIT

(300.183) Group Therapy - DBT

(300.184) Individual Therapy-Pe

(300.185) Individual Therapy - DBT

(300.186) Family Collateral – PCIT

(300.187) Family Collateral - TF-CBT

(300.188) Group Therapy - Family DBT Group

(300.189) Group Therapy - Family Collateral DBT Group

(300.191) Pricare-Family Collateral Group

(300.197) Biopsychosocial Evaluation Psychologist-Adults

(300.198) Biopsychosocial Re Evaluation Psychologist-Adults

(300.199) Mat-Physical Exam-Opioid Tx-Non-Methadone

(300.200) Mat-Medication Management Opioid Tx-Non-Methadone

(300.201) MAT-Medication Admin and Eval Opioid Tx-Non-Methadone

(300.206) Individual Therapy-ESFT

(300.207) Family Therapy-ESFT

(300.208) Family Collateral Therapy- ESFT

(300.210) Individual Therapy-EMDR

(300.211) Individual Therapy-CBT

(300.212) Group Therapy-CBT

(300.213) Family Therapy-CBT

(300.216) Neuropsychology Consult-First Hour

(300.217) Neuropsychology Consult- Additional Hours

(300.218) Neuropsychological Testing First Hour

C-B-PROVIDER BULLETIN 23-12

Mental Health Outpatient Rate Increase

(300.219) Neuropsychological Testing Additional Hours

(300.220) Individual Therapy-Target

(300.221) Group Therapy-Target

(300.222) Individual Therapy-Exposure Based CBT

(300.223) Family Therapy-Exposure Based CBT

(300.224) Family Collateral Therapy- Exposure-Based CBT

Please contact your assigned Provider Representative with any questions.