

Virtual Learning Opportunities FOR CBH PROVIDERS



AccessMatters is a public health organization based in Philadelphia with a focus on sexual and reproductive health and a deep commitment to access and equity. Training topics include: trauma, adolescent development, inclusive language, and more.



To request access, click the link below https://bit.ly/3NDICjX.



Once enrolled, complete up to two trainings at your own pace.

Training Descriptions

Adolescent Sexual Development

Dr. Lexx Brown-James, sexologist and marriage and family therapist, joins us to discuss adolescent sexual development. In this webinar, she breaks down aspects of sexuality, typical sexual behaviors to expect for each age range, and introduces components of sex positive caregiving.

Inclusive and Affirming Language in Care Provision: Principles and Practice

This webinar introduces providers to the principles and practices of using inclusive and affirming language with clients and colleagues. Participants review why using inclusive language is important, the implications of using non-inclusive language, and how to assess language for inclusivity.

Introduction to Trauma-Informed Care for Providers in Behavioral Health Settings

This course is designed to introduce providers who work in behavioral health settings to the principles and strategies of trauma-informed care so they are equipped with the knowledge and tools necessary to support clients who have experienced trauma.

Overview: The Trauma-Informed Organization

In this webinar, facilitators provide a brief overview of types of trauma and trauma-informed care principles, review the impact of trauma in clients and colleagues, discuss the intersection of trauma and sexual health, and review in detail the 4 Rs--Realize, Recognize, Respond, Resist.

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Training Descriptions

Pregnancy Options Counseling

This training equips adolescent health professionals with the information and counseling skills necessary to provide non-directive, medically accurate counseling to pregnant clients seeking information about their options: termination, parenting, adoption, and foster care.

Reparative Response Model

This recorded webinar offers the fundamentals of CPR model, a reparative response model for racial microaggressions developed by staff at AccessMatters. Participants learn the definition of microaggressions, review examples, and learn a basic framework for repair.

Showing Up Matters

Participants will learn key terms to understand intimate partner violence in adolescents, with a focus on teen dating abuse. Additionally, participants will learn about the signs of teen dating violence, its prevalence, its impact on health outcomes for young people, and strategies and resources for support.

Terms and Definitions: Racism and Discrimination

This webinar provides definitions of basic terms in the discourse of race, discrimination, and oppression. It offers a foundation on which to build important conversations about anti-racism.

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