

Q&A: CBT TRAINING SERVICES RFP

In order to develop an accurate and tailored budget proposal, could you clarify the anticipated scope of deliverables for this project? Specifically, does CBH have a target number of clinicians to be trained or a projected number of trainings to be delivered?

We also noted the mention of "20 unique programs" in the RFP, but it's unclear whether that refers to individual agencies, clinical teams, or something else. Any clarification you can provide would help align our proposal with CBH's goals.

We estimate that there are approximately 20 clinical teams across our network of community mental health agencies that are either actively delivering CBT and will require support due to either staff turnover or program expansion, or are inexperienced with this modality and will be implementing it for the first time. While staffing numbers fluctuate across programs, we anticipate training 20 to 50 individual clinicians per year across the 20 identified clinical teams, with follow-up support in the form of consultation calls. We anticipate offering one training cohort (with follow-up consultation) to the identified clinical teams annually. Still, individual trainee numbers may be higher or lower each year, depending on the needs of the network. For example, CBH's current CBT training vendor provided training and consultation support to six unique clinical teams in 2022 and eight unique clinical teams in 2023, with an average of 42 individual trainees per year.