

## Update to Screening Programs

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This Notice informs providers that CBH's existing screening programs have been updated. These programs are designed to assist providers in early identification of health concerns and streamline referrals to appropriate treatment, with the overarching goal of improving health outcomes for our members. The two screening programs include:

- ➔ Coexisting Mental Health and Substance Use Disorder Screening Program
  - » SUD Screening Program for Individuals with Depression
    - Screening tool: [Alcohol, Smoking and Substance Involvement Screening Test \(ASSIST\)](#)
  - » Depression Screening Program
    - Screening tool: [Patient Health Questionnaire – 9 \(PHQ-9\)](#)
- ➔ Postpartum Depression Screening Program
  - Screening tool: [Edinburgh Postnatal Depression Scale \(EPDS\)](#)

These programs have been updated to align with the requirements set forth by the [National Committee for Quality Assurance \(NCQA\)](#), as well as the [OMHSAS Performance Improvement Project to Improve Suicide Prevention and Community Resilience](#). Each screening program has been evaluated on available scientific evidence and best practices. Provider information on each of the screening programs and required screening tools may be found under the “CBH Screening Programs Documents” tab of the [Provider Manual webpage](#). Additional information related to the screening tools is also found in [CBH Provider Bulletin 25-26](#).

Questions regarding this notice may be directed to [CBH.PIP@Phila.gov](mailto:CBH.PIP@Phila.gov)