

Authorization Period: Functional Family Therapy (FFT)

Community Behavioral Health (CBH) is modifying the initial authorization period for Functional Family Therapy (FFT). CBH is making this change to allow the FFT model to be practiced with fidelity along with Medicaid funding.

Initial Authorization Requests

For initial authorization requests, the submission of a written order (WO) will remain a requirement. The written order must be completed and signed by a qualified professional with a clinical license, such as an LCSW, LMFT, LPC, licensed psychologist (Psy.D. or Ph.D.), MD, or DO. It must also include the NPI number and PROMISe ID number of the prescribing clinician. The timeframe for initial authorizations will be extended from 120 days to 180 days.

Continued Authorization Requests

For continued authorization requests, an extension review must be completed with a CBH Clinical Care Manager (CCM). CBH will make medical necessity determinations based on the information presented during the extension review. A WO must be completed and submitted for extension requests of four weeks or more.

Please see the CBH Provider Manual for more information on the required elements of a WO. These changes go into effect immediately from the date of release. Please direct questions regarding this notice to [Dana McCutchen](#), Clinical Coordinator for Children's Community Based Services.