

Clinical Guidelines and Related Provider Requirements: Alcohol Use Disorder (AUD)

CBH has adopted clinical practice guidelines (CPGs) to outline best practices for treating specific disorders or particular populations. CBH uses these guidelines to assess the quality of care provided to CBH members. As such, providers are advised to review and, where appropriate, implement as many of these practices as possible in delivering care. These guidelines apply to all clinical settings where members are treated for these disorders. These guidelines should be used with any level-of-care-specific performance standards and all other required CBH, NIAC, state, and federal regulations and standards.

CBH has updated the existing guidelines for the treatment of opioid use disorder (OUD). The most recent version of all CPGs can be found on the [CBH Clinical Practice Guidelines webpage](#).

To ensure alignment and best practices, CBH recommends that providers review the CPGs and make any necessary updates or revisions to provider policies and procedures.

Significant changes to the AUD CPGs include:

- ➔ *Background* updated to include lack of institutional support as barrier to MAT
- ➔ Clarified restrictive language around benzodiazepines and clinical appropriateness in *Treatment*

Adherence to the CPGs will be assessed through CBH monitoring and oversight, including Quality, Clinical, and Compliance Department protocols. Components may be reviewed as part of the NIAC initial and re-credentialing reviews. To assess quality of care and align with state and regulatory requirements, CBH will also be utilizing specific metrics for the CPGs, which are detailed in the table below.

Clinical Guidelines	Quality Metrics
Clinical Practice Guidelines for Alcohol Use Disorder	<ul style="list-style-type: none"> ➔ HEDIS® IET – Initiation and Engagement of Alcohol Abuse or Dependence Treatment ➔ MAT-AUD: Percentage of members with AUD who receive both MAT and counseling ➔ HEDIS® FUI – Follow-up after high-intensity care for substance use disorder assessing inpatient, residential treatment and

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Clinical Guidelines	Quality Metrics
	detoxification visits or discharges among patients 13+ that resulted in follow-up care within 7 and 30 days.

These requirements take effect on December 21, 2024. Please direct questions regarding CPGs to stephanie.byers@phila.gov.