

Clinical Guidelines and Related Provider Requirements: Opioid Use Disorder (OUD)

CBH has adopted clinical practice guidelines (CPGs) to outline best practices for treating specific disorders or particular populations. CBH uses these guidelines to assess the quality of care provided to CBH members. As such, providers are advised to review and, where appropriate, implement as many of these practices as possible in delivering care. These guidelines apply to all clinical settings where members are treated for these disorders. These guidelines should be used with any level-of-care-specific performance standards and all other required CBH, NIAC, state, and federal regulations and standards.

CBH has updated the existing guidelines for the treatment of opioid use disorder (OUD). The most recent version of all CPGs can be found on the [CBH Clinical Practice Guidelines webpage](#).

To ensure alignment and best practices, CBH recommends that providers review the CPGs and make any necessary updates or revisions to provider policies and procedures.

Significant changes to the OUD CPGs include:

- Resources for providers to stay current with overdose notifications, local news, new drugs of abuse, and public safety alerts via Philadelphia Department of Public Health and the Drug Enforcement Administration
- Added details and resources to Section 3.4: Cultural and Social Determinants of Health
- Addition of information regarding xylazine specific to Background (1), Laboratory Testing and Drug Screening (3.6), and Harm Reduction (3.7) sections
- Update of naloxone and test strip resources available at the local, state, and federal level for providers and members

Adherence to the CPGs will be assessed through CBH monitoring and oversight, including Quality, Clinical, and Compliance Department protocols. Components may be reviewed as part of the NIAC initial and re-credentialing reviews. To assess quality of care and align with state and regulatory requirements, CBH will also be utilizing specific metrics for the CPGs, which are detailed in the table below.

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Clinical Guidelines

[Clinical Practice Guidelines for Opioid Use Disorder](#)

Quality Metrics

- ➔ MAT-OUD: Percentage of members with OUD who receive both MAT and counseling
 - ➔ HEDIS® FUI – Follow-up after high-intensity care for substance use disorder assessing inpatient, residential treatment, and detoxification visits or discharges among patients 13+ that resulted in follow-up care within 7 and 30 days.
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These requirements take effect on September 19, 2024. Please direct questions regarding CPGs to stephanie.byers@phila.gov.