

ASAM 2.1 IOP Billing Guidelines

CBH is issuing this Bulletin as a reminder for Providers about ASAM 2.1 Intensive Outpatient Programs (IOP) Billing Guidelines.

ASAM 2.1 IOP is billed with an all-inclusive, fee-for-service rate in 15-minute units; Providers must be contracted with CBH to deliver this service. Services must be documented in progress notes.

ASAM 2.1 IOP include a minimum of nine hours per week and a maximum of 19 hours per week of qualifying services.

ASAM 2.1 IOP provides structured, professionally directed services which may include:

- ➔ Individual Therapy
- ➔ Group Therapy
- ➔ Medication Management
- ➔ Family Therapy
- ➔ Educational Groups
- ➔ Occupational and Recreational Therapy
- ➔ Other Therapies (e.g., art therapy and movement therapy)

Documentation standards for ASAM 2.1 IOP include individualized progress notes in the Member's chart that clearly reflect each service provided. Providers must adhere to all federal, state, and CBH requirements related to the documentation of services provided.

Progress notes should be timely, complete, and accurate, in accordance with established agency policies and procedures. Specific ASAM 2.1 IOP documentation guidelines will be provided as quickly as possible.

Should you have any questions, please contact your Provider Relations Representative.