

Despite being available for over 50 years, long-acting injectable antipsychotics (LAIs) remain an underutilized treatment option for people with serious and persistent mental illness. These injectable medications can help patients better manage their condition and improve long-term outcomes by preventing relapses and enhancing medication adherence.

**→** American Psychiatric Association (APA) Practice Guideline for the Treatment of Patients with Schizophrenia (2020)

LAIs are primarily used for individuals who struggle with adherence to antipsychotic medications. LAIs have been demonstrated through research to help:

- Improve adherence
- Reduce the occurrence and frequency of symptom relapse
- Reduce rehospitalization
- → Improve treatment outcomes for this population

### **Transitioning to an LAI**

While some patients start right away on an LAI, others start treatment on oral medications but may prefer using an injectable medication so that they do not have the burden of taking daily medications. Below are some tips to keep in mind when considering initiating treatment with or transitioning a patient to an LAI.

- Transition with oral medications to make sure the patient can tolerate it
- ⇒ Start at lower doses and slowly increase the dose as tolerated
- → Maintain necessary oral medications for extrapyramidal symptoms (EPS)
- Attempt to taper anti-EPS medications after starting the LAI
- Consider checking plasma levels (when indicated) to make sure they are within the therapeutic range

### **Addressing Patient Barriers**

Patients with behavioral health conditions face additional barriers to managing their conditions. Below are some considerations to keep in mind when dealing with this patient population.

- → Discuss treatment plans with the patient's family members or others involved in their care
- Ensure that the patient has a plan for how they will get to the office or pharmacy for their injections
  - » Offering transportation or reminder cards and involving family in the care can help prevent missed appointments.
  - » The Medical Assistance Transportation Program (MATP) is a shared ride transportation service available to people receiving Medical Assistance and is paid for by the Pennsylvania Department of Human Services (DHS). <u>Additional information on</u> <u>MATP can be found here.</u>
- Avoid use of stigmatizing language
- **▶** Educate patients to prevent a negative perception of long-acting medications

Employ a trauma-informed approach where you engage the patient in conversations and highlight that they are able to express their choices and preferences

Additional tips can be found in the National Council for Mental Wellbeing Guide to Long-acting Medications.

#### **Patient Considerations**

While there are many advantages to using LAIs, there are some factors to consider that may be unfavorable for some patients:

- Slow dose titration and longer time to achieve steady state levels
- → Delayed relief of distressing or severe psychiatric side effects
- ▶ Pain at injection site, leakage into surrounding tissue, and potential for irritation and lesions
- Burden of needing frequent, reliable travel to outpatient clinics/pharmacies to receive injections
- Possible perception of stigma

For reference, please read Long-Acting Injectable Antipsychotics: A Practical Guide for Prescribers.

#### **Transitions of Care**

LAIs may be appropriate for patients who are transitioning between settings, such as patients being discharged from an inpatient stay, where there may be concerns for nonadherence.

If your inpatient practice does not have a pharmacy that can dispense LAIs, the following LAIs have a hospital inpatient free trial program:

- **Abilify Maintena**<sup>®</sup> | 1-888-596-2745
- Aristada® | 1-844-341-6431
- Invega Sustenna® | 1-800-240-5746
- <u>Uzedy</u><sup>®</sup> | 1-833-988-2531

There are concerns that patients who are discharged with an LAI may not follow up with an outpatient provider. However, there is research to suggest that patients initiated on an LAI during their inpatient stay are more likely to have an outpatient follow-up after discharge compared to their peers initiated on an oral antipsychotic. Additionally, providing an LAI prescription with refills may be beneficial for patients who have difficulty getting follow-up care.

Patel C, Pilon D, Morrison L, Holiday C, Lafeuille MH, Lefebvre P, Benson C. Continuity of care among patients newly initiated on second-generation oral or long-acting injectable antipsychotics during a schizophrenia-related inpatient stay. Curr Med Res Opin. 2023 Aug; 39(8):1157-1166.



#### **Care Coordination with Pharmaceutical Companies**

Certain pharmaceutical companies offer care coordination services.

Pharmaceutical Company Care Coordination	Contact Number
Abilify Maintena® Patient Assistance	1-855-727-6274
Abilify Asimtufii® Patient Assistance	1-855-727-6274
Aristada® Patient Assistance	1-866-274-7823
Invega Sustenna® Patient Assistance	1-877-227-3728
Invega Trinza® Patient Assistance	1-877-227-3728
Invega Hafyera® Patient Assistance	1-877-227-3728
Risperdal Consta® Patient Assistance	1-877-227-3728
Uzedy® Patient Assistance	1-800-887-8100

#### **Pharmacies that Provide LAI Services**

The table below has information about pharmacies in the area that offer LAI services, such as dispensing and/or administration. Each pharmacy has different services available, but Altruix – Trevose Specialty Pharmacy, Shop and Carry Pharmacy, Sunray Specialty Pharmacy, and select ACME pharmacies offer the most services.

Pharmacy	Contact	Dispenses LAIs	Delivers to Provider Offices	Administers Onsite
ACME Pharmacles Multiple locations (see information below)	See information below	$\bigcirc$	$\bigcirc$	$\checkmark$
Altrulx – Trevose Specialty Pharmacy 3800 Horizon Blvd Suite #103 Trevose, PA 19053	P: 800-927-6703 F: 215-357-2129	$\bigcirc$	Ø	<b>⊗</b>
CVS Specialty (Center City) 1117 Walnut St Philadelphia, PA 19107	P: 215-627-2143 F: 215-627-8943	Ø	Ø	
Elwyn Pharmacy 194 S New Middletown Rd Media, PA 19063	P: 610-566-2226 F: 610-566-0521	<b>⊘</b>		
Genoa Healthcare (North Philadelphia; located within COMHAR) 2600 N American St Philadelphia, PA 19133	P: 215-426-1007 F: 215-426-2667	Ø	Ø	
Genoa Healthcare (West Phila; located within Community Council Health Systems) 4900 Wyalusing Ave Philadelphia, PA 19131	P: 215-764-6519 F: 267-744-4459	Ø	Ø	



Pharmacy	Contact	Dispenses LAIs	Delivers to Provider Offices	Administers Onsite
Jefferson Specialty Pharmacy 3500 Horizon Dr King of Prussia, PA 19406	P: 844-469-7542 F: 215-955-8182	$\bigcirc$	$\bigcirc$	
Shop and Carry Pharmacy (North Philadelphia) 1301 Lindley Ave Philadelphia, PA 19141	P: 267-297-5030 F: 267-297-5783	Ø	Ø	Ø
Sunray Specialty Pharmacy (West Philadelphia) 152 S 52nd St, Suite 201 Philadelphia, PA 19139	P: 215-471-4000 F: 215-471-4001	Ø	Ø	Ø
Walgreens Specialty – Community Pharmacy (Center City) 1227 Locust Street Philadelphia, PA 19107	P: 215-772-2772 F: 215-772-2798	Ø	<b>⊘</b>	

#### **ACME Pharmacies**

ACME pharmacies can administer LAIs at any of their pharmacy locations. The physician would send a prescription to one of the ACME stores with instructions on either administering the medication to the patient at the pharmacy or to be delivered to the medical office. If the medication is to be administered at the pharmacy, the pharmacy will contact the patient to schedule an appointment. The ACME pharmacy locations in the Philadelphia area are:

Northwest Philadelphia 7010 Germantown Ave, Philadelphia, PA 19119*	Northeast Philadelphia 8200 Roosevelt Blvd, Philadelphia, PA 19152 215-338-4967		
215-247-4995			
Northeast Philadelphia	Northeast Philadelphia		
920 Red Lion Rd, Philadelphia, PA 19115	6601 Roosevelt Blvd, Philadelphia, PA 19149*		
215- 676-6279	215-338-6601		
Northeast Philadelphia	Northwest Philadelphia		
180 West Girard Ave, Philadelphia, PA 19123	5927-59 Ridge Ave, Philadelphia, PA 19128*		
215-574-1221	215-487-3419		
Northeast Philadelphia	Northwest Philadelphia		
2101-41 Cottman Ave, Philadelphia, PA 19149*	7700 Crittenden St, Philadelphia, PA 19118		
215-728-1015	215-248-6495		
South Philadelphia	Southwest Philadelphia		
1400 E Passyunk Ave, Philadelphia PA 19147	1901 Johnston St, Philadelphia, PA 19145*		
215-551-3321	215-336-5553		

<sup>\*</sup> These ACME locations have a private consultation room. Due to the site of administration and/or manufacturer requirements, Abilify Asimtufii\*, Invega Hafyera\*, and most doses of Aristada\* must be administered in an ACME location with a consultation room.



#### Sunray Specialty Pharmacy

Sunray Specialty Pharmacy coordinates with other independent pharmacies within its network. The specialty store can dispense LAIs and deliver them to the pharmacy, where the pharmacist will administer the injectable to the patient. For patients who may need it, Sunray also offers car share services to get the patient to and from their preferred pharmacy location. In addition to the specialty location in West Philadelphia, the following pharmacies can administer LAIs:

<b>Holmesburg Pharmacy (Northeast Philadelphia)</b>	Nice Pharmacy (Northeast Philadelphia)
8039 Frankford Ave, Philadelphia, PA 19136	110 E Allegheny Ave, Philadelphia, PA 19134
215-332-2400	215-425-0100
Port Richmond Pharmacy (Northeast Philadelphia)	Sunray Drugs – K&A (Northeast Philadelphia)
2636 E Allegheny Ave, Philadelphia, PA 19134	825 E Allegheny Ave, Philadelphia, PA 19134
215-426-5099	215-425-7700
Sunray Drugs – Progress Plaza (North Philadelphia) 1501 N Broad St, Philadelphia, PA 19122 215-235-4000	

#### **FDA-Approved LAI Medications**

#### First Generation

Drug	Dosing	PDL Status (updated 7/7/25)	Comments
Fluphenazine decanoate	<ul><li>Every 2-4 weeks</li><li>Intramuscular or subcutaneous</li></ul>	Preferred	Dosing interval based on patient response
Haldol® decanoate (haloperidol decanoate)	<ul><li>⇒ Every 4 weeks</li><li>⇒ Intramuscular</li></ul>	Preferred: generic haloperidol decanoate ampule or vial  Non-preferred: brand name Haldol® decanoate ampule	<ul> <li>Initiate at 10-20 times daily oral dose</li> <li>If initial dose conversion is greater than 100mg, the dose should be split into two injections separated by 3-7 days</li> </ul>

#### **Second Generation**

Drug	Dosing	PDL Status (updated 7/7/25)	Comments
Abilify Maintena® (aripiprazole monohydrate)	<ul><li>Every 4 weeks</li><li>Intramuscular</li></ul>	Preferred	Initiate with two injections of Abilify Maintena® 400mg and one dose of oral aripiprazole 20mg on the first day of treatment or with two weeks of overlap with an oral antipsychotic
Abilify Asimtufil® (aripiprazole monohydrate)	<ul><li>⇒ Every 8 weeks</li><li>⇒ Intramuscular</li></ul>	Preferred	<ul> <li>Initiate with one injection of Abilify         Asimtufii® 960mg, one injection of Abilify         Maintena® 400mg, and one dose of oral         aripiprazole 20mg on the first day of         treatment or with two weeks of overlap         with an oral antipsychotic.</li> <li>Patients can also be transitioned from         Abilify Maintena®</li> </ul>



Drug	Dosing	PDL Status (updated 7/7/25)	Comments
Aristada Initio® (aripiprazole lauroxil)	<ul> <li>N/A - single dose to initiate or re-initiate Aristada®</li> <li>Intramuscular</li> </ul>	Preferred	Initiate first Aristada® injection with one injection of Aristada Initio® 675mg and one dose of oral aripiprazole 30mg or with three
Aristada® (aripiprazole lauroxil)	<ul><li>⇒ Every 4, 6, or 8 weeks</li><li>⇒ Intramuscular</li></ul>	Preferred	weeks of oral aripiprazole overlap
Erzofri® (paliperidone palmitate)	<ul><li>⇒ Every 4 weeks</li><li>⇒ Intramuscular</li></ul>	Not Listed	Initiation dose is Erzofri® 351mg
Invega Sustenna® (paliperidone palmitate)	<ul><li>▶ Every 4 weeks</li><li>▶ Intramuscular</li></ul>	Preferred	Initiate with Invega Sustenna® 234mg followed by Invega Sustenna® 156mg one week later
Invega Trinza® (paliperidone palmitate)	<ul><li>Every 3 months</li><li>Intramuscular</li></ul>	Preferred	Establish adequate treatment with Invega Sustenna® for at least four months prior to transitioning
Invega Hafyera® (paliperidone palmitate)	<ul><li>⇒ Every 6 months</li><li>⇒ Intramuscular</li></ul>	Preferred	Establish adequate treatment with Invega Sustenna® for at least four months or Invega Trinza® for at least one three-month cycle before transitioning
Perseris® (risperidone)	<ul><li>⇒ Every 4 weeks</li><li>⇒ Subcutaneous</li></ul>	Preferred	Oral supplementation not required
Risperdal Consta® (risperidone)  Risperidone for Extended-Release Injectable Suspension	_ ⇒ Every 2 weeks ⇒ Intramuscular	Preferred (brand name Risperdal Consta® and generic)	Requires three weeks of overlap with an oral antipsychotic
Rykindo® (risperidone)	<ul><li>⇒ Every 2 weeks</li><li>⇒ Intramuscular</li></ul>	Not Listed	Requires one week of overlap with oral risperidone
<u>Uzedy®</u> (risperidone)	<ul><li>⇒ Every 4 or 8 weeks</li><li>⇒ Subcutaneous</li></ul>	Preferred	Switch from oral risperidone
Zyprexa Relprevv® (olanzapine)	<ul><li>⇒ Every 2 or 4 weeks</li><li>⇒ Intramuscular</li></ul>	Non-Preferred	Requires monitoring for at least three hours post-injection

- **▶** PA DHS Medical Assistance Statewide Preferred Drug List (PDL)
- **▶** PA DHS Fee-for-Service Pharmacy Prior Authorization General Requirements and **Procedures** (contains details about when a clinical prior authorization is necessary)





# Pharmacy Education and Resources for Members

Includes medication wallet card, guides, tip sheets, and other valuable resources for members



# Pharmacy Education and Resources for Providers

Includes the latest pharmaceutical information for CBH providers

If you are a pharmacy within the Philadelphia area that offers LAI services and are not listed above, please contact our pharmacy team at <a href="mailto:cbh.pharmacyinitiatives@phila.gov">cbh.pharmacyinitiatives@phila.gov</a>.