



Taking antipsychotic medication as prescribed by your doctor may reduce symptoms and prevent you from going to the hospital. It is important to take your medication regularly and avoid missing doses.

## Frequently Asked Questions about Antipsychotic Medications

### I feel fine. Why do I have to continue taking this medication?

You may feel well because you are taking your medications. Talk to your doctor before you stop taking any medications.

### Can I stop taking the medications if I don't like how they make me feel?

Talk to your doctor before you stop taking any medications. Your doctor may be able to change your dose or prescribe another medication.

#### Ask your doctor the following questions:

- ➔ Why am I being prescribed this medication?
- ➔ What is the best way to take this medication?
- ➔ How will I know if the medication is working?
- ➔ What side effects might I experience?
- ➔ What should I do if I miss a dose?
- ➔ How should I store this medication?
- ➔ How long will it take this medication to help me?
- ➔ Does this medication come in any other form?

#### To help with your medication:

- ➔ Follow up with your doctor regularly to discuss your medication plan.
- ➔ Inform your doctor about any reason for not taking your medication.
- ➔ Call your pharmacy to see if your medications are ready for pick up and ask how many refills you have left. Schedule an appointment with your doctor before your refills are out.
- ➔ Ask your pharmacy about mail services. Pharmacies may deliver directly to your home.
- ➔ Contact your doctor or pharmacist if you have questions about your medications.
- ➔ Keep a pill box for daily medications.
- ➔ Keep a wallet card to track all your medications.
- ➔ Download an app, like [Medisafe](#), on your phone that send notifications to take your medication.

#### Healthcare Provider Information and Resources

Geisinger  
1-855-227-1302

➔ [Diabetes Care](#)

Health Partners Plans  
1-800-553-0784

➔ [Self-Management Tools](#)

Keystone First  
1-800-573-4100

➔ [Diabetes Program](#)

United Healthcare  
1-800-414-9025

➔ [Diabetes Education](#)

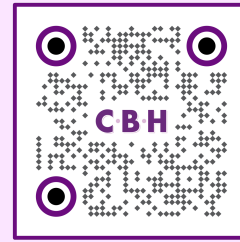
[UPMC For You](#)  
1-866-778-6073

➔ [Wellness & Prevention](#)

[PA Health & Wellness](#)  
1-844-626-6813

**CBH Website: Pharmacy Education and Resources for Members**

*Includes medication wallet card, guides, tip sheets, and other valuable tools and resources to get informed about and properly use medications you may be prescribed*



SCAN ME!



**CBH Member Services**  
**888.545.2600**  
**cbhphilly.org**

***You are one phone call away from getting help.***

*Compassionate, trained professionals answer all calls 24-hours a day, 7 days a week. Callers will receive counseling, guidance, assessment, and referrals/warm transfers to other services as indicated.*

**Disclaimer:** The information contained in this tip sheet is for educational and informational purposes only and is not a substitute for professional advice from a physician or other health care provider. The clinical services described in this tip sheet may not be covered for all CBH enrollees. To find out about what services are available to you under your CBH benefit package and how to receive them, please contact CBH Member Services.

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