

Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia

CBH is committed to ensuring members receive quality care. This PA Integrated Care Plan measure assesses the percentage of members ages 18 to 64 years of age with schizophrenia and cardiovascular disease who had an LDL-C test during the measurement year (January 1 to December 31). Cardiovascular disease is the leading cause of death in the United States, disproportionately affecting members with serious mental illness (SMI). Members with SMI die 10 to 20 years earlier than the general population, most often from cardiovascular disease. For these reasons, it is important to screen for and monitor existing cardiovascular disease.

References.

Kochanek, KD, Xu JQ, Arias E. Mortality in the United States, 2019. NCHS Data Brief. No395. Hyattsville, MD: National Center for Health Statistics. 2020.

Olfson, M, Gerhard, T, Huang, C, Crystal, S, Stroup, T. Premature Mortality Among Adults with Schizophrenia in the United States. JAMA Psychiatry. 2015: 72(12):1172-81.

Liu et al., 207.

Best Practices

- Screen members for cardiovascular disease using an LDL-C test at least annually, particularly those who do not have regular contact with a primary care physician (PCP).
- ➡ Educate member and caregiver about:
 - » The risks associated with antipsychotic mediations and cardiovascular disease
 - » The importance of obtaining an LDL-C test
 - » The importance of a healthy lifestyle
- Assess need for case management services and refer accordingly.
- Discuss results with members and refer to PCP as appropriate.
- Collaborate with case management and PCPs on member care strategies. Ensure the results are communicated in a timely fashion to other health care providers involved in the care of the member.
- Screen member for tobacco use and offer tobacco use counseling and pharmacotherapy.
 Refer to <u>CBH's Clinical Practices Guidelines for</u> <u>Tobacco Use Disorder</u>

Diagnoses Associated with this Measure

- [F20.0] Paranoid Schizophrenia
- [F25.9] Schizoaffective Disorders, Unspecified
- → [F30.0] Manic Episode
- [F31.0] Bipolar Disorder
- [F32] Major Depressive Disorder, Single Episode
- ▶ [F33] Major Depressive Disorder, Recurrent
- [F34] Persistent Mood [Affective] Disorder
- [F39] Unspecified Mood [Affective] Disorder
- [F29] Unspecified psychosis not due to a substance or known physiological condition
- **⇒** [F60.3] Borderline Personality Disorder

Lab Screenings Associated with this Measure

LDL-C Test

CPT: 80061, 83700, 83701, 83704, 83721



Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia

Resources

- ⇒ CBH: HEDIS Tip Sheets
- **▶** CBH: Pharmacy Resources for Members
- **CBH: Pharmacy Resources for Providers**
- **▶** <u>CBH: Integrated Care Plan Resources for</u> Members
- → CBH: Clinical Practices Guidelines for Tobacco Use Disorder
- NCQA Letter: NCQA Supports Medicaid Behavioral Measure Reporting
- ★ Centers for Medicare and Medicald Services
 (CMS): Measures Inventory Tool

Screening Recommendations Based on <u>APA Clinical Practice Guideline for the Treatment of Patients with Schizophrenia</u>

Parameter	Suggested Frequency
Hyperlipidemia (lipid panel)	Lipid panel at 4 months after initiating a new antipsychotic medication and at least annually thereafter

Lab Coverage Information

Health Plan	Laboratory Provider
Community Behavioral Health	Atlantic Diagnostic Laboratories Parkway Clinical Laboratories
Jefferson Health Plans	Quest Diagnostics
Keystone First	<u>LabCorp</u>
<u>United Healthcare</u>	LabCorp Quest Diagnostics
Gelsinger	LabCorp Quest Diagnostics Jefferson Health
PA Health and Wellness	<u>LabCorp</u> <u>Quest Diagnostics</u>
<u>UPMC</u>	Quest Diagnostics

Disclaimer: The information contained in this tip sheet is for educational and informational purposes only. The clinical services described in this tip sheet may not be covered for all CBH enrollees. To find out about what services are available to you under the CBH benefit package, please contact CBH Provider Operations at 215-413-3100.