

Comprehensive Diabetes Care for People with Serious Mental Illness: Hemoglobin A1C (HbA1c) Poor Control (>9.0%)

CBH is committed to ensuring members receive quality care. This measure includes members ages 18 to 65 who have both Schizophrenia and a diagnosis of type 1 or type 2 diabetes. The measure identifies those with poor glycemic control (HgbA1c > 9) or who had not had HgbA1c testing in the measurement period. People with Schizophrenia have an increased risk of complications associated with diabetes, including heart disease, stroke, hypertension, blindness, kidney disease, diseases of the nervous system, amputations, and premature death. To reduce these risks, behavioral health providers must ensure their members obtain an HbA1c test annually.

Best Practices

- ➔ Monitor members with diabetes at least annually, particularly those who do not have regular contact with a primary care physician (PCP).
- ➔ Inform members when labs are due and help members find a lab location close to their home.
- ➔ Discuss results with members. For members with an HbA1c score higher than 9, consider changing medication regimen.
- ➔ Members with HgbA1c > 9 should be referred to their primary care doctor for additional management of their diabetes.
- ➔ If the member does not have a PCP, assistance should be given to help them identify a PCP and make an appointment.
- ➔ Share educational materials.
- ➔ Collaborate with case management and PCPs on member care strategies. Ensure the results are communicated in a timely fashion to other healthcare providers involved in the care of the member.
- ➔ Perform other recommended monitoring (e.g., blood pressure, weight) and regularly update medical history and medication lists.

Diagnoses Associated with this Measure

- ➔ [F20] Schizophrenia
- ➔ [F25] Schizoaffective Disorders
- ➔ [F30] Manic Episode
- ➔ [F31] Bipolar Disorder
- ➔ [F32] Major Depressive Disorder, Single Episode
- ➔ [F33] Major Depressive Disorder, Recurrent
- ➔ [F34] Persistent Mood [Affective] Disorder
- ➔ [F39] Unspecified Mood [Affective] Disorder
- ➔ [F29] Unspecified psychosis not due to a substance or known physiological condition
- ➔ [F60.3] Borderline Personality Disorder
- ➔ Type 1 Diabetes Mellitus
- ➔ Type 2 Diabetes Mellitus
- ➔ Other Specified Diabetes Mellitus

Lab Screenings Associated with this Measure

HbA1c Test

CPT: 83036, 83037

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Resources

- ➔ [CBH: HEDIS Tip Sheets](#)
- ➔ [CBH: Pharmacy Resources for Members](#)
- ➔ [CBH: Pharmacy Resources for Providers](#)
- ➔ [CBH: Integrated Care Plan Resources for Members](#)
- ➔ [Pennsylvania Medical Assistance Preferred Drug List \(PDL\)](#)
- ➔ [NCQA Supports Medicaid Behavioral Measure Reporting](#)
- ➔ [CMS: Measures Inventory Tool](#)
- ➔ [CDC: A1C Test for Diabetes and Prediabetes](#)

Lab Coverage Information

Health Plan	Laboratory Provider
Community Behavioral Health	Atlantic Diagnostic Laboratories Parkway Clinical Laboratories
Jefferson Health Plans	Quest Diagnostics
Keystone First	LabCorp
United Healthcare	LabCorp Quest Diagnostics
Gelsinger	LabCorp Quest Diagnostics Jefferson Health
PA Health and Wellness	LabCorp Quest Diagnostics
UPMC	Quest Diagnostics

Disclaimer: The information contained in this tip sheet is for educational and informational purposes only. The clinical services described in this tip sheet may not be covered for all CBH enrollees. To find out about what services are available to you under the CBH benefit package, please contact CBH Provider Operations at 215-413-3100.