

Comprehensive Diabetes Care for People with Serious Mental Illness (SMI): Hemoglobin A1c (HbA1c) Poor Control (>9/0%)

CBH is committed to ensuring members receive quality care. This PA Integrated Care Plan measure assesses diabetes monitoring for members ages 18 to 65 who have a diagnosis of type 1 or type 2 diabetes. People with serious mental illness have an increased risk of complications associated with diabetes, including heart disease, stroke, hypertension, blindness, kidney disease, diseases of the nervous system, amputations, and premature death. To reduce these risks, behavioral health providers must ensure their members obtain an HbA1c test annually.

Best Practices

- ➔ Monitor members with diabetes at least annually, particularly those who do not have regular contact with a primary care physician (PCP).
- ➔ Inform members when labs are due and help members find a lab location close to their home.
- ➔ Discuss results with members. For members with an HbA1c score higher than 9, consider changing medication regimen.
- ➔ Share educational materials.
- ➔ Collaborate with case management and PCPs on member care strategies. Ensure the results are communicated in a timely fashion to other healthcare providers involved in the care of the member.
- ➔ Perform other recommended monitoring, such as: blood pressure, weight, and regularly update medical history and medication lists.

Lab Screenings Associated With This Measure

HbA1c Test

CPT: 83036, 83037

Diagnoses Associated With This Measure

- ➔ [F20] Schizophrenia
- ➔ [F25] Schizoaffective Disorders
- ➔ [F30] Manic Episode
- ➔ [F31] Bipolar Disorder
- ➔ [F32] Major Depressive Disorder, Single Episode
- ➔ [F33] Major Depressive Disorder, Recurrent
- ➔ [F34] Persistent Mood [Affective] Disorder
- ➔ [F39] Unspecified Mood [Affective] Disorder
- ➔ [F29] Unspecified psychosis not due to a substance or known physiological condition
- ➔ [F60.3] Borderline Personality Disorder
- ➔ Type 1 Diabetes Mellitus
- ➔ Type 2 Diabetes Mellitus
- ➔ Other Specified Diabetes Mellitus

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Resources

CBH Antipsychotic Medication Guide for Members
cbhphilly.org/wp-content/uploads/2021/01/CBH_Pharma_OneSheet_Antipsych_2020-08.pdf

CBH Medication Wallet Card for Members
cbhphilly.org/wp-content/uploads/2021/01/CBH_Pharma_WalletCard_2020-08.pdf

Pennsylvania Department of Human Services
 Statewide Preferred Drug List
papdl.com/sites/default/files/ghs-files/Penn%20Statewide%20PDL%2001.05.21.pdf

SAMHSA Provider Workbook
antipsych.c4designlabs.net/#/page-400

NCQA: Comprehensive Diabetes Care (CDC)
ncqa.org/hedis/measures/comprehensive-diabetes-care/

Centers for Medicare & Medicaid Services
 Measures Inventory Tool
cmit.cms.gov/cmit/

NCQA Letter: NCQA Supports Medicaid Behavioral Measure Reporting
ncqa.org/comment-letter/ncqa-supports-medicaid-behavioral-measure-reporting/

Centers for Disease Control and Prevention: All About Your A1C
cdc.gov/diabetes/managing/managing-blood-sugar/a1c.html

Lab Coverage Information

<i>Health Plan</i>	<i>Laboratory Provider</i>
Community Behavioral Health	Atlantic Diagnostics and Parkway Clinical Laboratories
Aetna Better Health	Quest Diagnostics
Health Partners Plans	Quest Diagnostics
Keystone First	LabCorp
United Healthcare	LabCorp and Quest Diagnostics

Disclaimer: The information contained in this tip sheet is for educational and informational purposes only. The clinical services described in this tip sheet may not be covered for all CBH enrollees. To find out about what services are available to you under the CBH benefit package, please contact CBH Provider Operations at 215-413-3100.

This document was developed in partnership with collaborating providers and the Southeastern Pennsylvania Medicaid MCOs that participate in the HealthChoices and Community HealthChoices programs.