# CITY COUNCILMEMBER AT-LARGE KATHERINE GILMORE RICHARDSON

Intensive Behavioral Health Services (IBHS) Coordinating Council Meeting Friday, June 17, 2022



### Katherine Gilmore Richardson COUNCILMEMBER AT-LARGE



- City Councilmember At-Large
- Elected to City Council in November 2019
- The youngest African American woman ever elected to Philadelphia City Council
- Former Chief of Staff to former Councilmember Blondell Reynolds Brown
- Lifelong Philadelphian and graduate of the Philadelphia High School for Girls and West Chester University
- Wife and working mom of 3 children #momsgethejobdone
- I am a proud life member of Zeta Phi Beta Sorority Incorporated, Inc.

### PRIORITIES RELATED TO MENTAL HEALTH

- Conflict Resolution
- Processing Grief
- Mental Health for our Children
- Financial and Work-related Mental Health
- Recovery from the Covid-19 Pandemic



## **RESOLUTION NO. 200430**

- In September 2020 I passed a resolution authorizing the Committee on Education to conduct hearings exploring the benefits of the School District of Philadelphia mandating conflict resolution training at all curriculum levels.
- Conflict resolution training seeks to create opportunities for students and other school community members to recognize that conflict is a natural part of life and can be resolved peacefully.



Council of the City of Philadelphia Office of the Chief Clerk Room 402, City Hall Philadelphia

(Resolution No. 200430)

RESOLUTION

Authorizing the Committee on Education to conduct hearings exploring the benefits of the School District of Philadelphia mandating conflict resolution training at all curriculum levels.

WHEREAS, Philadelphia is experiencing a wave of gun violence and the number of shootings and homicides has grown steadily since 2007, including more than 100 children who have been shot in 2020 alone, and this already significant number is increasing rapidly; and

WHEREAS, Many young people use violence as a first and last resort to deal with conflict because they have not been trained and educated on alternative methods to deal with the normal amount of conflict that is a part of daily life and because many experience anger related to exposure to manuatic events, and

WHEREAS. Conflict resolution training seeks to create opportunities for students and other members of the school community to recognize that conflict is a natural part of like and that it can be resolved peacefully. Students will learn to develop atvancesses to finar own unique responses to conflict, understand the diversity with which others respond, learn and practice the principles of conflict resolution and the skills of peaceful problem-solving processes, empower themselves to be individually and cooperatively responsible for resolving conflicts and integrate these responsibilities into their daily lives, and

WHEREAS, Comflict resolution teaches young people to deal with conflicts in a number of ways, including competing, avoiding, compromising, collaborating, and accommodating, each to be used in different circumstances; and

WHEREAS, it is incumbent upon the School District of Philadelphia and the Board of Education to do everything in their power to ensure Philadelphia is a City that teaches our children to use safer methods of dealing with conflict; now, therefore, be it

RESOLVED, THE CITY COUNCIL OF PHILADELPHIA, Will hereby authorize the Committee on Education to conduct hearings exploring the benefits of mandating conflict resolution training at all curriculum levels.

City of Philadelphia

# CONFLICT RESOLUTION: TAKING AN EVIDENCE-BASED APPROACH



Katherine

#### CONFLICT RESOLUTION: TAKING AN EVIDENCE-BASED APPROACH

Report of Philadelphia City Council's Committee on Education Chair: Honorable Maria D. Quiñones Sánchez Resolution Sponsor: Honorable Katherine Gilmore Richardson Pursuant to Resolution No. 200430 In April 2021, I released a report summarizing the findings from the November 2020 Committee on Education hearing on Resolution No. 200430.

# CONFLICT RESOLUTION: TAKING AN EVIDENCE-BASED APPROACH

#### CONFLICT RESOLUTION: TAKING AN EVIDENCE-BASED APPROACH

#### HEARING RECOMMENDATIONS

#### Recommendations for the School District of Philadelphia

 The School District of Philadelphia should take a trauma-informed, evidence-based approach to providing conflict resolution to all students.

The evidence is clear, coeffict resolution training must be mandated district wide and more mental health resources must be provided in all schools to reduce gun violence and prepare students for the future.

Dr. Abigail Gray: Transcript p. 146

Dr. Revers: We worked together, Cirg and University, we studied Philadelphia Cure Violence in the 22nd police district. We saw 2.5 fewer shootings per 10,000 people per month. In Cure Violence sites core, pawel to areas without Cure Violence. The key to this program is conflict resolution. Our outerach workers are trained in cortficit resolution to de-esculate high risk shateborn. This takes the power rewry from the contagion and result the disease. Like we have dime together in the past, we need to implement whicher-based programs that work. And like any good healthrelated intervention, we must implement the program with fidelity. We must implement what was studied if we hope to see the same result. We car's change the scope of the program and claim that is in the same program that was taided.

Dr. Reeves: Transcript pgs. 204-205

Dr. Reeves advocates for Care Volence, which has a proven track record that resulted in significant improvements in instances of gan violence. By meeting with teachers, parents, students, and expens, many of elevon spoke at the hearing, to condinate a structural change to mandate coeffict resolution training and provide schools with more mental heafth professionals, the Datrict can build on the programs its already developed and equip its students with the tools they need to be successful.

#### CONFLICT RESOLUTION: TAKING AN EVIDENCE-BASED APPROACH

#### 1. Gun violence should be declared a public health emergency

Recommendations for the Administration

On September 17th, City Council parsed a resolution urging Mayor Kenney to declare an emergency and dedicate all available resources to addressing gun violence. The Mayor has not yet declared an emergency. Since that resolution, 1,010 more Philadelphians have been shot and more than 232 have died, including 18 children under the age of 18. "The Administration must act immediately and determine what efforts are going into ending gun violence and whether those efforts are successful and effective. The Administration must also utilize every department and agency to advance the common gual of ending gun violence.

#### The Administration and SDP officials should collaborate to ensure conflict resolution training are mandated and more mental health resources are provided in all schools.

The Administration can assist SDP in mandating conflict resolution and botter allocate resources and functing. City agencies, efficies, and elgentments, such as the Office of Noience Prevention, the Office of Human Resources, the Commerce Department and Its Workforce Development unit, the Department of Health, and the Department of Behavioral Health and disAbility Services all must begin taking an active role in gan violence prevention and intervention. Many city offices and departments should be concerned about whether students are being properly prepared for the future. If students canot resolve conflicts pacefully or cannot cope with traume effectively, then an unacceptable number of Philadelphians will continue to be lost to gun violence and our City will stuggle to complete with our peers.

#### **Recommendations for City Council**

#### 1. City Council should use the budget process to provide targeted, additional resources.

City Council can look at all ways to direct funding to SDP to support district-wide conflict resolution programming and mental health resources. While departments have significant leavay over how they spend their budgets, City Council appropriates funds with the hopes of achieving specific outcomes. City Council can work with SDP leadenship to determine where resources need to be directed to ensure these goals are carried out.  The main recommendation was for the School District of Philadelphia to offer conflict resolution training to all students to help reduce gun violence and the number of conflicts amongst young people.

• They announced they would offer traumainformed, evidence-based conflict resolution training at the Tier 1 level that is culturally competent and developed in collaboration with school staff and teachers next school

year.

# ANNUAL MANAGING GRIEF & LOSS DURING THE HOLIDAYS EVENT

### MANAGING GRIEF & LOSS DURING THE HOLIDAYS

ATHERINE GILMORE RICHARDSON

Wednesday, December 22nd, 2021 5:30 PM - 6:00 PM

Join Councilmember Gilmore Richardson, The Department of Behavioral Health and Intellectual disAbility Services, and Uplift Center for Grieving Children for a skills session on managing grief and loss during the Holidays.

To register visit bit.ly/KGRManagingGrief2021





Andrea October, MSS Kevin Carter,



An annual event in collaboration with the Department of Behavioral Health and Disability Services, and the Uplift Center for Grieving Children.

# COMMUNITY EVENING RESOURCE CENTERS

- In June 2021, I introduced legislation to simplify the minor curfew law by making the times easier to understand.
- I also worked closely with the Administration to establish evening resource centers and safe spaces where minors who violate curfew can be taken to be connected to support services.
- I am currently in the process of updating the minor curfew law for summer 2022.

### Community Evening Resource Centers

### OPEN DAILY 7:00 PM TO 2:00 AM

**Community Resource Centers' Locations** 

SOUTH DIVISION: Diversified Community Services, Inc. (Dixon House)

1920 S. 20th Street 215-336-3511 erichardson@dcsphila.org

SOUTHWEST DIVISION: Community of Compassion, Inc.

6150 Cedar Avenue 215-239-6820 compassioncdcphilly@gmail.com

#### All Philadelphia Youth Welcome! Evening Curfew Times

- Empower yourself
- Engage in family programming
- Receive mentorship and support
- Get connected to resources to increase your quality of life

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MIDNIGHT



9:30 PM Minors 13 yrs & under





# COMMUNITY EVENING RESOURCE CENTERS

- These are safe spaces open EVERY DAY from 7:00 PM to 2:00 AM.
- They offer various programs such as tutoring, conflict resolution, mentorship, mental health awareness training, and skills building.
- They also offer various activities such as cooking classes, video gaming, photography, family game nights, yoga, basketball, and more.

Parents are also encouraged to participate in family nights, financial literacy classes, courses on mental wellbeing, and more.

### ANNUAL APPRENTICESHIP GUIDEBOOK



Home of Laborers' District Council Training and Learning Center Samuel Staten, Jr. Build

CITY OF PHILADELPHIA 2022 APPRENTICESHIP GUIDEBOOK



 Studies have shown that symptoms of depression and anxiety were significantly greater in the unemployed.

 My Apprenticeship Guidebooks are "one-stop shops" for residents actively seeking employment in the trades.

 Has over 25 pre-apprenticeship and apprenticeship programs for the City of Philadelphia.

• It creates pathways for Philadelphians to find family-sustaining jobs that offer competitive pay and benefits, all of which can negatively impact our mental health if they are lacking or non-existent.

### "ILLUMINATE THE ARTS GRANT"



I worked with my colleague
Councilmember Isaiah Thomas (At-Large)
to create the "Illuminate the Arts" \$1 MIL
grant as part of City Council's New Normal
Budget Act.

• \$3.25 Million was then invested in the local arts and culture community. This funding was a combination of an allocation from the New Normal Budget Act and additional advocacy.

### "ILLUMINATE THE ARTS GRANT"

- The declining mental health of Philadelphia's art and culture community left them a part of the silent victims of the Covid-19 pandemic.
- This funding allows us to better support individuals and small organizations who give back to their communities and our young people by providing them with the arts and cultural experiences and programming they typically are not able to receive.



### THE FUTURE

Just accepted applications for the 2022 "Illuminate the Arts Grant" In the process of opening two more Community Evening Resource Centers in the Central Division and the Northwest Division of the City

2023 Apprenticeship Guidebook Working with my colleagues to advocate for the mental health wellbeing of our constituents

### **THANK YOU SO MUCH**





https://phlcouncil.com/katherinegilmorerichardson/

### <u>Keep up with my work by</u> <u>following me on social media</u>

