

Problems with alcohol use are very common. About one in three people in the US will experience an alcohol use disorder in their lifetime. Many more will have friends or family members who struggle with alcohol misuse.

Signs and symptoms of AUD can include:

- ✦ Drinking in higher amounts, or more often
- ✦ Wanting to cut down use, or guilt about drinking
- ✦ Difficulty cutting down on alcohol use
- ✦ Alcohol cravings
- ✦ Alcohol use leading to problems in your personal or professional life
- ✦ Alcohol use leading to dangerous situations
- ✦ Tolerance (requiring higher amounts of alcohol to feel effects)
- ✦ Withdrawal symptoms (feeling ill, shaking, confusion, etc.) when alcohol use is stopped

Unfortunately, AUD causes harm to individuals and society, such as:

- ✦ Injury and loss of life
- ✦ Motor vehicle accidents
- ✦ Mental health conditions, such as depression and anxiety
- ✦ Inter-personal violence
- ✦ Medical problems, including liver disease and harm to the brain
- ✦ Fetal Alcohol Spectrum Disorders (FASDs)
- ✦ Poor school and job performance

Effective treatment, including medication, is available but may not always be used. CBH and our network of providers in Philadelphia are committed to wellness - we want everyone to know how to get help.

Treatment can be provided in residential (inpatient) and community-based (outpatient) settings, through group and individual therapy, and with Medication Assisted Treatment (MAT). Talking to a doctor or care provider about alcohol use and medication can be very helpful. Currently, there are three FDA-approved medications for AUD, which include:

- 🏠 Naltrexone (Vivitrol)
- 🏠 Acamprosate (Campral)
- 🏠 Disulfiram (Antabuse)

Accessing Treatment

Contact CBH Member Services

Call 1-888-545-2600

24 hours a day, 7 days a week, 365 days a year for help in receiving or referring for services for a drug and/or alcohol addiction.

Community Behavioral Health (CBH) is a behavioral health insurance company that pays for mental health and substance use services for everyone that is enrolled in Medicaid in Philadelphia.

Other Philadelphia Insurers:

- 🏠 [Medicare](#)
1-800-MEDICARE (1-800-633-4227)
- 🏠 [Magellan Healthcare](#)
1-800-688-1911
- 🏠 [Behavioral Health Special Initiative \(BHSI\)](#)
215-546-1200

What to Expect

Treatment Begins with an Assessment

Before going into inpatient treatment, you will need an assessment. An assessment is an in-depth interview led by a behavioral health professional. The Pennsylvania Client Placement Criteria (PCPC) and American Society of Addiction Medicine (ASAM) are two examples of assessments that help professionals determine what kind of substance use services you may need.

Residential and Hospital Treatment

If your assessment results show you would benefit from an inpatient hospital stay (also known as residential or bed-based treatment), the behavioral health professionals you met with will contact your insurance to get approval if required and connect you with a program that will meet your needs.

Community Based and Outpatient Treatment

Many people can and do recover from substance use disorders with the support of an outpatient treatment program. Outpatient treatment is care that you can participate in without staying in a hospital or medical facility. During outpatient treatment you can visit a behavioral health professional to access the services and medication you may need.

There are three levels of outpatient treatment:

- 🏠 **Outpatient Program (OP):** where you can meet with your treatment provider at least one time per week
- 🏠 **Intensive Outpatient Program (IOP):** where you can meet with your treatment provider at least three times per week
- 🏠 **Partial Hospitalization Program (PHP):** where you meet with your treatment provider daily

Some providers offer additional support for members with both substance use and mental health needs, indicated as Mental Health Treatment (MH Tx)

If you are uninsured, covered by Medicaid/CBH, or not sure of your insurance coverage, contact CBH Member Services to gain assistance with accessing publicly funded SUD treatment and services.

In the event of a medical emergency, please call 911 and go to the nearest emergency room.

Where to Go for an Assessment

- 🏠 **Adult Crisis Response Centers (24/7/365)**
 - » **Friends Hospital**
4641 Roosevelt Blvd
215-831-2600
 - » **Einstein Medical Center**
5501 Old York Rd
215-951-8300
 - » **Pennsylvania Hospital (Hall Mercer)**
245 S 8th St
215-829-5433
 - » **Temple/Episcopal Hospital**
100 E Lehigh Ave
215-707-2577
- 🏠 **Pathways to Recovery (PHMC)**
2301 E Allegheny Avenue
Philadelphia, PA 19134
215-731-2404
Partial Hospitalization
8:30 a.m. to 5 p.m. M–F
8:30 a.m. to 12 p.m. Sat
- 🏠 **Child and Adolescent Crisis Response Centers (24/7/365)**
 - » **Philadelphia Children’s Crisis Response Center**
3300 Henry Ave, Falls Two Building,
3rd Fl
215-878-2600
- 🏠 **NET ACCESS Point Program (24/7/365)**
499 North 5th Street, Suite B
Philadelphia, PA 19123
844-533-8200 or 215-408-4987
Open 24/7
- 🏠 **Gaudenzia Assessment Center**
1306 Spring Garden Street
Philadelphia, PA 19123
267-315-6907
8 a.m. to 11 p.m. Daily
Call ahead for service options outside these hours
- 🏠 Or contact the Nearest **CBH Substance Use Disorder Treatment Provider**

Communication Services

CBH can provide an interpreter, including for American Sign Language or TTY services, if you do not speak or understand English or are deaf or hard of hearing. These services are available at no cost to you. If you need an interpreter, call CBH Member Services at 1-888-545-2600 (TTY-1-888-436-7482) and CBH Member Services will connect you with the interpreter service that meets your needs. For TTY services, call the Pennsylvania Relay Operator at 711.

In-Network Adult Community Programs (A-Z)

<i>Provider & Contact Information</i>	<i>Services Offered</i>	<i>Additional Information</i>
A&O Recovery Services 3319 Kensington Ave, Philadelphia, PA 19134 (215) 426-1992 www.aandorecoveryservices.org	Outpatient	
Addiction Medicine and Health Advocates 928 Market St, Philadelphia, PA 19107 (215) 923-4202 www.amhainc.org	Intensive Outpatient, Outpatient	Korean, Vietnamese, Spanish; Child care on site
Asociacion Puertorriquenos En Marcha 4301 Rising Sun Ave, Philadelphia, PA 19140 (267) 296-7200 www.apmphila.org	Intensive Outpatient, Outpatient, Mental Health Treatment	Spanish
Bustleton Mental Health Institute, Inc. 1681 Grant Avenue, Philadelphia, PA 19115 (215) 464-3838 bmhiphila.wixsite.com	Outpatient	
Casa De Consejeria Y Salud Integral 213 W Allegheny Ave, Philadelphia, PA 19140 (215) 634-3259 www.casacares.net	Intensive Outpatient, Outpatient	Spanish
Casa De Consejeria Y Salud Integral 616 W Lehigh Ave, Philadelphia, PA 19133 (215) 501-7629 www.casacares.net	Intensive Outpatient, Outpatient	Spanish
Chances – PHMC 1200 Callowhill St, Ste 102 Philadelphia, PA 19123 (215) 825-8220	Intensive Outpatient, Outpatient	Females only, Child care on site
COMHAR 2055 E Allegheny Ave, Philadelphia, PA 19134 (215) 427-5800	Outpatient, Mental Health Treatment	Spanish both locations registration: (267) 861-4382
COMHAR 2600 N American St, Philadelphia, PA 19133 (215) 739-2669	Outpatient, Mental Health Treatment	Spanish both locations registration: (267) 861-4382
The Consortium 451 S University Ave, Philadelphia, PA 19104 (215) 596-8000 www.consortium-inc.org	Intensive Outpatient, Outpatient, Mental Health Treatment	Spanish; Child care on site
The Consortium 26 S 40th St, 2nd Fl, Philadelphia, PA 19104 (215) 595-8300 www.consortium-inc.org	Outpatient	

<i>Provider & Contact Information</i>	<i>Services Offered</i>	<i>Additional Information</i>
Drexel Medicine Caring Together Clinic 4700 Wissahickon Ave, Philadelphia, PA 19144 (215) 967-2130 www.towerhealth.org	Outpatient	Females only, Child care on site
Gaudenzia Outreach I 1306 Spring Garden St, Philadelphia, PA 19123 (215) 440-9669 www.gaudenzia.org	Intensive Outpatient, Outpatient, Mental Health Treatment	Spanish
Gaudenzia Outreach II 39 E School House Lane, Philadelphia, PA 19123 (215) 849-7200 www.gaudenzia.org	Intensive Outpatient, Outpatient	
Gaudenzia-DRC 3200 Henry Ave, Philadelphia, PA 19129 (215) 991-9700 www.gaudenzia.org	Intensive Outpatient, Outpatient	
Greater Philadelphia Asian Social Services Center 4943 N 5th St, Philadelphia, PA 19120 (215) 456-1662 www.gpasspa.org	Intensive Outpatient, Outpatient	Spanish, Korean, Vietnamese, Chinese, Cambodian
Greater Philadelphia Health Action, Inc. Al Assist Behavioral Healthcare Center 1401 S 4th Street, Philadelphia, PA 19147 (215) 339-1070 www.gphainc.org	Outpatient	
Intercommunity Action, Inc. (AKA Interact) 6122 Ridge Ave, Philadelphia, PA 19128 (215) 487-1330	Outpatient	Spanish, Japanese, Mandarin
Interim House, Inc. – PHMC 333 W Upsal St, Philadelphia, PA 19139 (215) 849-4606 www.interimhouse.org	Intensive Outpatient, Outpatient, Mental Health Treatment	Spanish
JEVS Human Services – Act I 5820 Old York Rd, Philadelphia, PA 19141 (215) 276-8400 www.jevshumanservices.org	Intensive Outpatient, Outpatient	
JEVS Human Services – Act II 1745 N 4th St, Philadelphia, PA 19122 (215) 236-0100 www.jevshumanservices.org	Intensive Outpatient, Outpatient	Spanish
John F. Kennedy Behavioral Health Center (JFK) 907 N Broad St, Philadelphia, PA 19123 (215) 235-5520 www.jfkbhc.org	Intensive Outpatient, Outpatient	
John F. Kennedy Behavioral Health Center (JFK) 112 N Broad St, Philadelphia, PA 19102	Outpatient, Mental Health Treatment	

<i>Provider & Contact Information</i>	<i>Services Offered</i>	<i>Additional Information</i>
(215) 556-0860 www.jfkbhc.org		
Kensington Hospital 2100 N Front Street, Philadelphia, PA 19122 (215) 426-8100 www.kensingtonhospital.org	Outpatient	
Mazzoni Center 1315 Spruce St Philadelphia, PA 19107 (215) 563-0663 www.mazzonicenter.org	Outpatient	American Sign Language
Men and Women for Human Excellence 2603 Cecil B Moore Ave, Philadelphia, PA 19121 (215) 769-7045 www.mwfhe.org	Outpatient	
Merakey Behavioral Health 5000 Parkside Ave, Philadelphia, PA 19131 (215) 879-6116 www.merakey.org	Intensive Outpatient, Outpatient, Mental Health Treatment	Walk-in: M-F 7a-5:30p; Sat 8a-1:30p; Sun 8-11:30a
Merakey Behavioral Health 5429 Germantown Ave, Philadelphia, PA 19144 (215) 754-0240 www.merakey.org	Intensive Outpatient, Outpatient, Mental Health Treatment	Walk-in Hours: 7a-5:30p
Merakey Behavioral Health 100 E Lehigh Ave, Philadelphia, PA 19125 (215) 634-2520 www.merakey.org	Intensive Outpatient, Outpatient, Mental Health Treatment	Walk-in Hours: M-F 8a-5p
Merakey Behavioral Health 11082 Knights Road, Philadelphia, PA 19154 (215) 632-9040 www.merakey.org	Intensive Outpatient, Outpatient, Mental Health Treatment	Walk-in Hours: M-F 8a-5p
Milestone Rehabilitation, LLC 1701 Grant Ave, Philadelphia, PA 19115 (215) 464-3838 bmhiphila.wixsite.com/	Outpatient	
Minsec Treatment Center, Inc. 3768 L Street, Philadelphia, PA 19124 (215) 744-9601 www.geogroup.com	Intensive Outpatient, Outpatient	
New Journeys in Recovery 3396 Miller St, Ste 98, Philadelphia, PA 19134 (215) 634-3669 www.njir-phila.org	Intensive Outpatient, Outpatient	
North Philadelphia Health System – Goldman Clinic 801 W Girard Ave, Philadelphia, PA 19122 (215) 787-2000 www.nphs.com	Intensive Outpatient, Outpatient	Spanish

<i>Provider & Contact Information</i>	<i>Services Offered</i>	<i>Additional Information</i>
NET Centers 499 N 5th St, Philadelphia, PA 19123 (215) 451-7100 www.netcenters.org	Intensive Outpatient, Outpatient, Mental Health Treatment	
NET Centers 7520 State Road, Philadelphia, PA 19136 (267) 348-3550 www.netcenters.org	Intensive Outpatient, Outpatient, Mental Health Treatment	Child care on site Walk-in hours
NET Centers 4625 Frankford Ave, 2nd Fl Philadelphia, PA 19124 (267) 597-3920 www.netcenters.org	Outpatient, Mental Health Treatment	Spanish, Walk-in: M-F 9a-4p
NET Centers 5501 Chestnut St, Philadelphia, PA 19139 (215) 747-6480 www.netcenters.org	Outpatient, Mental Health Treatment	
Pathways to Housing 5201 Old York Rd, Ste 108 Philadelphia, PA 19141 (215) 390-1500		Spanish, Housing Assistance
Pathways to Recovery (PHMC) 2301 E Allegheny Ave, Philadelphia, PA 19134 (215) 731-2402	Partial Hospital Program, Mental Health Treatment	Spanish
Penn Medicine Mothers Matter Program 3400 Spruce St, 1 West Gates Philadelphia, PA 19103 (267) 593-2969		Pregnant Women
People Acting To Help (PATH) 8220 Castor Ave, Philadelphia, PA 19152 (215) 728-4600	Outpatient	Spanish; M-F: 8:30a - 4:30p; 2nd Floor
Penn Presbyterian Medical Center (Total Recovery) 4040 Market St Ste 200 And 220 Philadelphia, PA 19104 (215) 662-8000 www.pennmedicine.org	Intensive Outpatient, Outpatient	
People Acting To Help (PATH) 1200 Callowhill St, 1st Fl, Philadelphia, PA 19123 (267) 398-0247	Outpatient	

<i>Provider & Contact Information</i>	<i>Services Offered</i>	<i>Additional Information</i>
PHMC Care Clinic MAT Program 1200 Callowhill St, 1st Fl, Philadelphia, PA 19123 (267) 398-0247		Health Care Center, Spanish; Primary Care Practice
Philadelphia FIGHT 1211 Chestnut St, 6th Fl, Philadelphia, PA 19107 (215) 525-8657 www.fight.org	Intensive Outpatient	
Prevention Point 2913-2915 Kensington Ave Philadelphia, PA 19134 (215) 634-5272		Harm Reduction Services, Spanish
Project Home (Stephen Klein Wellness Center) 2144 Cecil B. Moore Ave, Philadelphia, PA 19121 (215) 320-6187, Ext. 5756		Walk-in: M-W 7a-5p, Th 7-11a; F 7a-12p
Resource For Human Development (RHD) – Lower Merion Counseling Services 850 W Lancaster Ave, 2nd Fl Bryn Mawr, PA 19010 (215) 425-7727 www.rhd.org	Outpatient	Spanish
SOAR Corp 9150 Marshall St, Ste 2, Philadelphia, PA 19114 (215) 464-4450 www.soarcorp.org	Intensive Outpatient, Outpatient	
Southwest Nu-Stop Philadelphia, Inc. 5616 Woodland Ave, Philadelphia, PA 19143 (215) 729-2014 www.swnustop.org	Outpatient	
Stop and Surrender, Inc. 2522 W Huntingdon St, Philadelphia, PA 19132 (215) 225-4626 stopnsurrenderinc.webs.com	Intensive Outpatient, Outpatient	
Therapeutic Center at Fox Chase – The Bridge 8400 Pine Rd, Philadelphia, PA 19111 (215) 342-5000 www.thebridgephiladelphia.org	Outpatient	
Thomas Jefferson University Family Center 1233 Locust St, Ste 201, Philadelphia, PA 19107 (215) 955-8577 www.jefferson.edu	Intensive Outpatient, Outpatient, Mental Health Treatment	Females only, pregnancy, child care on site
Thomas Jefferson University (NARP) 1021 S 21st St, Philadelphia, PA 19146 (215) 735-5979 www.jefferson.edu	Intensive Outpatient, Outpatient, Mental Health Treatment	Spanish

<i>Provider & Contact Information</i>	<i>Services Offered</i>	<i>Additional Information</i>
Thomas Jefferson University Hospital 833 Chestnut St, Ste 210, Philadelphia, PA 19107 (215) 955-6912 www.jefferson.edu	Outpatient	
Temple Two Program 3401 N Broad St, Philadelphia, PA 19140 (215) 707-3008		Partners with the Wedge MC, OB- GYN Services
Wedge Medical Center 3609 N Broad St, Philadelphia, PA 19140 (215) 276-3922 www.wedgepc.com	Intensive Outpatient, Outpatient, Mental Health Treatment	Partners with Temple TWO; Walk-in: M-W 2-3:30p
Wedge Medical Center 2009 S Broad St, Philadelphia, PA 19148 (215) 276-3922 www.wedgepc.com	Intensive Outpatient, Outpatient, Mental Health Treatment	Partners with Temple TWO; Walk-in: M-W 2-3:30p
Wedge Medical Center 4243 Frankford Ave, Philadelphia, PA 19124 (215) 276-3922 www.wedgepc.com	Intensive Outpatient, Outpatient, Mental Health Treatment	Partners with Temple TWO; Walk-in: T 2-3:30p
WES Health System Outpatient 1315 Windrim Ave, Philadelphia, PA 19141 (215) 455-3900 www.drwes.org	Outpatient	Adolescent Only - Passages Program
Womens' Institute for Family Health 5936 Chestnut St, 1st Fl, Philadelphia, PA 19139 (215) 595-8300 www.wifamilyhealth.org	Outpatient	