

Service Description Format

Specialized Behavioral Health Treatment Program
Provided in a Community Residential Rehabilitation Host Home Setting

Providers are required to submit one service description that addresses both the services required by 55 Pa. Code Chapter 5310, Community Residential Rehabilitative Services for the Mentally Ill, and the specialized behavioral health treatment services discussed in OMHSAS Bulletin 21-04, Procedure for Providing a Specialized Behavioral Health Treatment Program in Community Residential Rehabilitation Host Home Settings.

Demographic Information:

1. Provider's name, address and contact information for the host home treatment program
2. Provider's administrative office address, if different from above
3. Counties served
4. Population served
 - a. Age (must be under 18)
 - b. Special needs populations, if any
 - c. Exclusionary criteria, if any

Program Information:

5. Describe how psycho-social rehabilitation services to develop interpersonal, and when appropriate, community living skills will be provided. See 55 Pa. Code §§ 5310.31 and 5310.121.
 - a. Include staff roles, responsibilities, qualifications, and caseload size.
 - b. Include clinical supervision and oversight.

Note that 55 Pa. Code § 5310.131 requires host home parents to be under the direct supervision of a mental health professional.

6. Describe how specialized behavioral health treatment services will be provided.
 - a. Describe the goals of the service and how these goals will be achieved. Treatment activities, interventions, and goals are different aspects of a service and each should be clearly described.
 - b. Include the expected amount of individual therapy, family therapy, and care coordination provided to each child or youth each month.
 - c. Explain how the specialized behavioral health treatment and host home services will be individualized for each child or youth.
 - d. Explain how a child's or youth's progress towards the goals for the child or youth will be measured and how a child's or youth's need for a lesser level of care will be assessed.
 - e. If children or youth with comorbid diagnoses will be served, include how their needs will be addressed.
 - f. Include where specialized behavioral health treatment will be provided (home, community, school).
 - g. Include staff roles, responsibilities, qualifications, and caseload size.
 - h. Include clinical supervision and oversight.
7. Host home family
 - a. Study evaluation process
 - b. Parent training
 - c. Services provided by the host home family
8. Discharge process
 - a. Describe the expected communication between the child and youth, individual who will be caring for the child or youth after discharge, host home parents and Community Residential Rehabilitation (CRR) staff about building the skills and relationships needed for the child or youth to be discharged.
 - b. Explain how the following will be documented:
 1. Summary of services provided and outcomes
 2. Reason for discharge
 3. Referral or recommendation for other services if needed

- c. Describe how the discharge plan will be provided to the youth or legal guardian or caregiver of the child upon discharge.

9. Safety

- a. Crisis planning
- b. Safety planning
- c. Behavioral management interventions

10. Cultural and linguistic competency

Describe how the child's or youth's cultural, linguistic, racial and ethnic background will inform the delivery of services and how they will be balanced with the host home family's culture and values. Include the following:

- a. Assessment: Describe how cultural, linguistic, racial and ethnic values of the child's or youth's family and the host home family will be assessed.
- b. Treatment: Describe how the child's or youth's family's cultural traditions, language and values will be incorporated into activities and interventions provided.
- c. Training: Describe the training CRR staff and host home parents will receive specific to respecting and understanding the child's or youth's family's racial, cultural and linguistic competency. Include the names of specific training curriculum and the qualifications of the trainer(s).

11. Host home community integration

Describe how services will support the child's or youth's integration into the neighborhood or community where the host home is located, including the school the child or youth will be attending. Include the following:

- a. How the service facilitates the child's or youth's involvement in prosocial activities in the community or at school.
- b. How the service promotes the ongoing cultivation of new resources and opportunities within the community.

12. Maintaining home community relationships

Describe the activities and interventions that will support maintaining relationships with a child's or youth's home community if the host home placement is outside the child's or youth's home community. Include how the service will help maintain and support connections that are important to the child or youth.