

## Physical & Behavioral Health (PH/BH) Interventions

Recognizing the special care that people with high behavioral health and high physical health conditions require, CBH has implemented several programs by partnering with physical health managed care organizations (PH-MCOs), treatment providers, and other system partners.

<p><b>Community-Based Care Management (CBCM) Health Partner Plans (HPP)</b></p>	<p>CBH partners with HPP to target members with high cost and high utilization of health care services. In 2019, we reached:</p>
	<p><b>978</b> members      <b>4,254</b> contacts      <b>7</b> sites</p>
<p><b>Community-Based Care Management (CBCM) KeystoneFirst</b></p>	<p>In late 2017, CBH implemented its second CBCM team in partnership with KeystoneFirst. In 2019, we reached:</p>
	<p><b>1,031</b> members      <b>4,351</b> contacts      <b>4</b> sites</p>
<p><b>Pay for Performance Integrated Care Program (ICP)</b></p>	<p>The ICP focuses on members with a serious and persistent mental illness and is conducted in partnership with the PH-MCOs. This program has enhanced care coordination and communication efforts across the MCOs and has resulted in positive the outcomes highlighted below.</p>
	<p><b>2,899</b> integrated care plans completed in 2019</p>

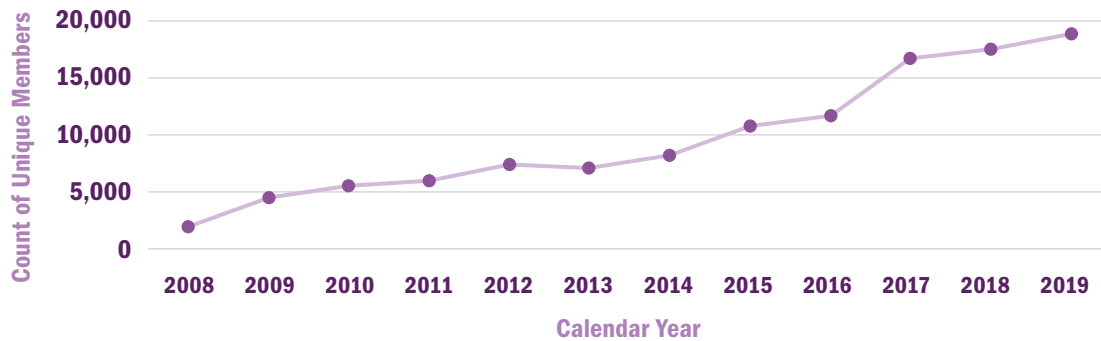
### ICP Outcome Measure Results

CBH continues to improve outcomes through the ICP, receiving Pay for Performance Awards for 2019 progress in PH/BH admissions, 30-Day readmissions, and initiation and engagement in D&A treatment. Additionally, since the inception of the ICP, CBH has received a Pay-for-Performance Award every year.

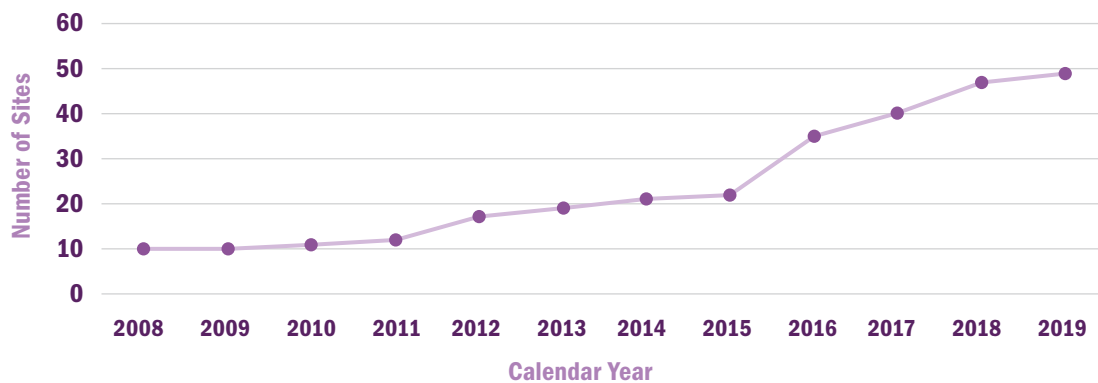
## Provider Initiatives

Provider-level components of integrated care include: the use of behavioral health consultants (BHCs) in Federally Qualified Health Centers (FQHCs) and FQHC Look-Alikes; co-located behavioral health services in pediatric primary care clinics; physical health services in behavioral health settings; and Centers of Excellence for opioid use disorder.

**Count of Unique CBH Members who Received a BHC Visit in a FQHC or FQHC Look-Alike**



**Number of FQHC and FQHC Look-Alike Sites in the CBH Network**



*Spotlight on FQHCs*

BHCs conduct brief consultations via same-day team referrals and focus on providing members psychosocial support using evidence-based interventions such as cognitive behavioral therapy and motivational interviewing. Since 2008, CBH has added additional FQHCS to the network, increasing access to behavioral health services. By 2019, approximately 49 sites were delivering behavioral health services utilizing this model, including eight District Health Centers. Additionally, in 2019, 18,878 unique CBH members received services in FQHCs.

**Tobacco Recovery and Wellness Initiative**

TRWI is a partnership with the Philadelphia Department of Public Health (PDPH) Tobacco Policy and Control Program and the University of Pennsylvania Comprehensive Smoking Treatment Program. TRWI recognizes tobacco use as a core behavioral concern deserving attention and resources along with other drugs of use and misuse, as individuals with behavioral health conditions use tobacco at rates 2-3 times higher than the general population. As of January 1, 2020, all acute inpatient, residential drug and alcohol, and outpatient levels of care have implemented a tobacco-free policy and offer screening, counseling and nicotine replacement therapy.