

Authorization and MNC Determinations Under Intensive Behavioral Health Services (IBHS)

Authorization and Medical Necessity Determinations:

Assessment and Stabilization:

CBH will not complete a medical necessity review for Assessment and Stabilization for the following levels of care: IBHS Individual, IBHS ABA, BHRS, and STS.

Once an assessment is complete, CBH will complete medical necessity review on the following services only: Therapeutic Support Staff- School (TSS-S), Therapeutic Support Staff, Non-School (TSS-NS), Applied Behavior Analysis Therapeutic Support Staff—School (ABA TSS-S), Applied Behavior Analysis Therapeutic Support Staff-Non School (ABA TSS-NS), Behavioral Health Technician (BHT) or Behavioral Health Technician—Applied Behavior Analysis (BHT-ABA), Early Childhood Treatment programs, and CRR-Host Homes. Note that an FBA, FA, and/or skills assessment is required prior to medical necessity review of ongoing TSS-S, TSS-NS, ABA TSS-S, ABA TSS-NS, BHT, and BHT-ABA. An ISPT and psychological or psychiatric evaluation is required prior to authorization of Early Childhood Treatment programs and CRR-Host Homes.

Progress Monitoring:

Per IBHS regulations, progress monitoring should take place at least every 90 days. CBH Clinical Care Management staff will conduct progress monitoring reviews for youth who have extended length of stay, who have used crisis services in the last 30 days, or who have high service utilization and absence of meaningful clinical progress. Outcomes of progress monitoring reviews may include: ITP updates, referral to another level of care, resource linkage, inter-agency care coordination, and/or discharge planning recommendations. Please note a Progress Monitoring Form template will be distributed at a later date, prior to January 19, 2020.

Continued Stay:

Part A of the written order is not needed to request continued stay. If re-assessment is needed, that can be done during the ongoing delivery of IBHS services. Providers should complete a Progress Monitoring Summary Form and updated ITP to supplement Part B of the written order form to request continued stay.

Please submit questions about this Bulletin your Provider Relations Representative.