

Prolonged Exposure Request for Applications Questions and Answers (Q&A)

1. *To clarify, how many clinicians can attend?*

There can be 1 director and up to 5 clinicians.

2. *Are we able to implement this across 2 sites? We have a senior program director who oversees both outpatient sites and it would be great to be able to implement this in our children's clinics and adult clinics.*

Yes, but your application should have a clear plan to implement and sustain Prolonged Exposure (PE) at both sites. If there is a plan to bring the two sites together for activities like consultation/supervision, there should be a plan and rationale presented in the application for these choices. Please provide details regarding how the two populations will be differentiated in these activities so that PE clinicians/staff get support specific to the population they are working with.

3. *Is it possible for applications to be considered for inpatient providers or other levels of care outside of outpatient mental health and substance use?*

Not at this time. We will consider other levels of care for future RFAs.

4. *How long will weekly consultation with the PE Consultant occur?*

Consultation with the CTSA PE Consultant will be a standing meeting for the first year of participation in the PE initiative. During this time the agency will work to identify internal candidates for the PE Consultant. After these candidates have attended the 5-Day PE Consultant workshop, the CTSA PE Consultant will start to support this individual in independently running the PE consultation group. At this time, the CTSA PE Consultant will start to titrate their consultation. The titration will occur until the agency is independently running PE consultation groups with their internal PE consultant. At this point it is expected that the agency will be independently and consistently running internal PE consultation.

5. *Does the agency attend both the Child and Adult PTSD Assessment and Screening Trainings if treating both adolescents and adults?*

Yes.

6. *Do they attend both the 4-Day PE Workshop and the 1 Day Adolescent PE Training if treating both adolescents and adults?*

Yes.

7. *How is the PE Preparation Group billed?*

This group should be billed as any other group therapy. It is considered a clinical group and involves individuals processing emotions associated with trauma. It is not considered a psycho-education group.

8. *How long do agencies have to submit data to CTSA?*

The assessment data is collected in the first year of the PE Initiative. The PE outcomes and clinician data are collected on an ongoing basis.

9. *If someone trained in PE leaves the agency, can they still practice PE?*

If they go to another agency that is in the PE Initiative they can continue to practice PE. If it is not another PE agency, they are unable to continue practicing PE.

10. *What is the census expectation for PE cases at each agency?*

The expectation is that there is a volume of PE cases on an ongoing basis (10-15 cases). This information will be monitored via the data submitted to CTSA. It will also be monitored when the agency passes the EPIC designation and is billing the PE enhanced rate.