



## **Community Behavioral Health: Provider Notification Clarification on Comprehensive Biopsychosocial Re-Evaluation (CBR) Addendums, and Service Authorization Grids for Children's Services June 28, 2019**

### **Notification Purpose**

This Notification is to clarify the use of CBR, addendums, service authorization grids, and updated Mental Status Examination (MSE) requirements to request service changes within an already determined authorization period, for children and adolescents.

### **Comprehensive Biopsychosocial Re-evaluation (CBR)**

Within an established authorization period, the CBR is the preferred means to request changes to services for youth receiving preauthorized treatment. A CBR is preferable to integrate changes in the member's presentation or situation into a comprehensive formulation that best supports the diagnosis and resulting request for services. A CBR can be used at any time to continue or revise services for a child, as long as the clinical reason(s) for the CBR are clearly documented in the Reason for Re-Evaluation section. Reasons for a CBR may include:

- Significant changes in clinical presentation and/or psychosocial context that warrant a comprehensive and updated evaluation
- Lack of progress or worsening of symptoms despite treatment
- A need for further information to contribute to comprehensive treatment planning

CBRs, when complete, represent a billable service. Please refer to [CBH Provider Bulletin 19-03](#) for important information related to the completion and billing of CBRs.

### **Addendum**

Addendum requests may also be used to request changes in services during an existing authorization period. If an addendum is used, the MSE from the CBE or CBR which the Addendum is modifying can be no older than 60 days. If the MSE is older than 60 days, the Addendum must include a new MSE and be submitted within 60 days of the new MSE. In addition, there are certain times designated by CBH when the MSE requirement is waived for Addendums, such as at the start or end of the school year. Reasons for an Addendum may include:

- No significant changes in clinical presentation and/or psychosocial context, but a recommendation was inadvertently omitted from the prior evaluation

As a reminder, Addendums are not a billable service for CBH members. Time spent preparing the Addendum, including record reviews, may not be billed.

**Service Authorization Grids**

Service Authorization Grids can be used to request services at times designated by CBH. Such grids are utilized to support treatment continuity for members during known points of transition for all youth in the city, such as at the end of the school year to support continued treatment over the summer, or at the beginning of the school year to support continued treatment needs. Providers will receive notification from CBH that Service Authorization Grids can be submitted. When service request grids are used, there is no need for an updated MSE. However, the Grids must be requesting services within the current authorization period.

Time spent completing Service Authorization Grids is not a billable service for CBH members.

**Questions**

Questions regarding this Notification can be directed to your Provider Representative.