

## Community Behavioral Health Board of Directors Meeting

**Meeting Date:** Tuesday, March 12, 2019

**Time:** 4:07pm

**Location:** CBH, 1154 C, 801 Market Street, Philadelphia, PA 19107

**Board Members Present:** David T. Jones/President; Roland Lamb/Vice President; Jill Bowen, Ph.D./Secretary-Treasurer; Eva Gladstein; Cynthia Figueroa/Member; Sandy Vasko/Member; Thomas Farley, MD/Member; William R. Hite, Jr. Ed.D./Member; Deborah Irby/Member; **Other Attendees** Joan L. Erney, J.D./Chief Executive Officer; Geoffrey Neimark, MD/Chief Medical Officer; Sosunmolu Shoyinka, MD/Chief Medical Officer, Department of Behavioral Health and Intellectual disAbility Services (DBHIDS); Renee Henderson/Chief Financial Officer; Peter Bezrucik/Chief Administrative Officer; Beverly Woods/Managing Director's Office; Sabrina Nansteel-Bunt/Special Advisor to CBH CEO

**Meeting Purpose:** Community Behavioral Health (CBH) Board of Directors

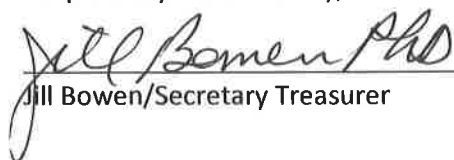
**Materials included in Board Packet:** Agenda; January 8, 2019 Meeting Minutes; CBH CEO Report; Talking Points on the Carve Out; CBH HealthChoices Behavioral Health Program Income Statement and Balance Sheet for Month and Year to Date Ending on December 31, 2018; CBH HealthChoices Program Financial Results through December 2018, and corresponding Glossary of Terms.

| Agenda Item                           | Discussion  | Action Taken/Follow up   |
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| Call to Order                         |   | <i>The meeting was called to order at 4:07pm by Board President David T. Jones.</i>    |
| Introductions                         | Introductions were made.  | N/A  |
| Minutes of Meeting<br>January 8, 2019 | The meeting minutes from the January 8, 2019 meeting were reviewed.   | <i>Ms. Vasko motioned to accept the meeting minutes; Mr. Lamb seconded the motion.</i> |
| City Controller's Audit               | CEO Joan Erney indicated that the final audit response from the City Controller's Office will include CBH's response. | <i>No board action required.</i>   |

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| <p><b>CEO Report</b></p>             | <p>Ms. Erney reviewed highlights from the CEO Report, which included:</p> <ul style="list-style-type: none"> <li>• Denial data for all levels of care from the timeframe of July 2018 through February 2019 was reviewed. Overall, denials have decreased and over that same time period, unique members authorized for a service rose modestly.</li> <li>• CBH and the Primary Contractor (Department of Behavioral Health and Intellectual disAbility Services – DBHIDS) will be participating in an upcoming PeopleStat Meeting with the Pennsylvania Department of Human Services (PA DHS) and the Office of Mental Health and Substance Abuse Services (OMHSAS); this meeting will focus on specific data sets such as: seven (7) and 30 day follow up rates upon discharge from an inpatient psychiatric hospital; readmission rates to an inpatient psychiatric hospital; length of stay and the number of members receiving care in a Residential Treatment Facility (RTF); progress toward the shift to Value Based Purchasing; and coordination of care for physical health and behavioral health services.</li> <li>• CBH is in the final stage of completing the first round of <i>Provider Profiles</i>. These were developed to provide an overview of each in-network facility at the corporate level, while emphasizing performance across each contracted level of care. Upon completion, the profiles will be posted on the CBH website and will be accompanied by a <i>Companion Guide</i>.</li> <li>• The Integrated Care Plan (ICP) Project had a total of 2,661 ICPs created in 2018. This exceeds the state required 1596 ICPs for 2018.</li> <li>• The Evidence-Based Practices (EBP) Designations totals continue to rise. There have been 22 providers with a total of 37 programs who have obtained EBP designation to date. Additionally, there are nine (9) in-network providers who have received a designation in Applied Behavior Analysis (ABA).</li> </ul> | <p><b><i>No board action required.</i></b></p> |
| <p><b>2018 Financial Results</b></p> | <p>An overview of the financial results for 2018 was provided, along with a discussion about the utilization of services. There was an increase in the number of individuals who utilized inpatient and non-hospital drug and alcohol services. Dr. Neimark also explained that utilization data is regularly reviewed in the Utilization Management Committee Meetings at CBH.</p>  | <p><b><i>No board action required.</i></b></p> |

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|                          | Additionally, 2018 enrollment, income statement, CBH administrative expenses and overall net position was discussed.   |  |
| <b>Carve Out</b>         | <p>A set of Talking Points was provided on the Carve Out; this document includes background information on the creation of CBH and the current landscape. CBH has had great success over the past 21 years, keeping administrative costs low, and generating savings to be reinvested back in the Philadelphia behavioral health system. CBH currently contracts with 164 in-network providers with approximately 700 locations, and the demographics of the agencies and individuals served reflect the demographics of the communities they serve.</p> <p>The number and types of providers and the scope of services has significantly increased expanding the network to include more minority led agencies, specialty providers, and services that now include an array of services for those on the autism spectrum, children's crisis, substance use and medication-assisted treatment (MAT), housing first, and community support services as examples.</p> <p>Investments have been made in evidence-based practices, funding training for agencies at no cost to improve the quality of the Philadelphia delivery system. The Philadelphia provider system has been strong partners in the success of the Philadelphia Behavioral HealthChoices System. A move to eliminate the carve out would be a great loss for Philadelphia, Medicaid members and the provider community.</p> | <b><i>No board action required.</i></b>            |
| <b>Executive Session</b> | A brief executive session was held at the conclusion of the meeting; these meeting minutes do not reflect the discussion held during this session.   | <b><i>No board action required.</i></b>            |
| <b>Adjournment</b>       |  | <b><i>The meeting was adjourned at 5:15pm.</i></b> |

Respectfully Submitted by,

  
 Jill Bowen/Secretary Treasurer