

Tobacco Use and Treatment Data Capture

Individuals with mental illness or substance use disorders use tobacco at higher rates than do individuals in the general population and are more likely to die from tobacco-use related diseases than from their behavioral health conditions.¹ To reduce tobacco-related disparities among individuals with behavioral health conditions, it is essential that behavioral health providers consistently identify and document tobacco-use status and offer counseling and treatment.² Clinical practice guidelines to treat tobacco use and dependence recommend that all members be asked if they use tobacco and that their tobacco-use status be documented on a regular basis.³

To support these recommendations, effective **April 21, 2019**, Community Behavioral Health (CBH) contracted providers will be expected to include the indicated codes for tobacco-use status and clinical interventions when submitting a claim. This is in addition to the *Diagnostic and Statistical Manual (DSM-5)/International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM)* diagnostic codes for tobacco-related disorders.

The tobacco-use related “Z” Codes cannot be submitted as primary diagnoses. However, they are to be included as a secondary or tertiary diagnosis. Available ICD-10 tobacco-use related “Z” Codes include the following:

ICD-10-CM	ICD Definition of Code
Z72.0	Tobacco Use
Z71.6	Tobacco Abuse Counseling

Please direct all inquiries to the provider assigned Claims Management representative.

¹ Prochaska, J.J., Das, S. & Young-Wolff, K.C. (2017).

² Fiore MC, Jaén CR, Baker TB, et al. *Treating Tobacco Use and Dependence: 2008 Update*. Clinical Practice Guideline. Rockville, MD: U.S. Department of Health and Human Services, Public Health Service. May 2008.

³ Fiore MC, Jaén CR, Baker TB, et al. *Treating Tobacco Use and Dependence: 2008 Update*. Clinical Practice Guideline. Rockville, MD: U.S. Department of Health and Human Services, Public Health Service. May 2008.