

Tobacco-Free Policy Implementation Update

CBH is committed to ensuring tobacco-free treatment environments for our members. In 2015, CBH required all Acute Inpatient Psychiatric (AIP) and Extended Acute Inpatient (EAC) Providers to maintain a tobacco-free environment in which smoking, and the use of tobacco products, is prohibited on the campus of the hospital accessible by CBH enrollees. Currently, all CBH in network AIP and EAC providers maintain tobacco-free environments.

In keeping with the goal to incorporate the tobacco-free policy throughout the network, the next phase of implementation focuses on residential drug and alcohol treatment facilities. On October 26, 2017, CBH notified all residential drug and alcohol treatment facilities of the January 1, 2019 deadline for the implementation of tobacco-free environments. CBH also issued a May 1, 2018 Notice reminding providers of this requirement.

This Bulletin integrates all previous communication and correspondence to residential drug and alcohol treatment facilities regarding the tobacco-free requirement. As such, **effective** January 1, 2019, all CBH in network providers offering residential addiction treatment shall implement and maintain policies that support tobacco-free environments.

Individuals who use tobacco or electronic nicotine delivery systems admitted to these facilities will be offered tobacco treatment medications and counseling to manage tobacco withdrawal and to promote their recovery from tobacco use disorder and other substance use disorders.

As with all CBH issued Bulletins, the requirements contained within are considered supplemental to the CBH Provider Agreement.

Additional updates on the tobacco-free policy roll out and implementation will be forthcoming.

For questions about the tobacco-free policy, please contact your Provider Representative.